



BOARD OF DIRECTORS



Elizabeth McLaren, Chair

Vice President of Reimbursement and Community-Based Services, Covenant Living Communities and Services

Elizabeth A. McLaren joined Covenant Living Communities and Services in August 2009 and her role has evolved over the years. As the Vice President of Reimbursement and Community-Based Services she is responsible for oversight and strategic direction of the organizations \$75M in third party business. She is also responsible for executive leadership of CovenantCare at Home, the organizations homecare division. Additional areas of responsibility including directing the organization's managed care strategy and leading legislative relations at both the state- and national level.

Elizabeth's role with Covenant Living began as the health and wellness reimbursement manager, overseeing third party billing. Her responsibilities expanded shortly thereafter to include providing support for Covenant Living skilled nursing and assisted living facilities, as the national director of healthcare. Named the associate vice president of health services in May 2016, her area of responsibility further expanded to include oversight of the two home care agencies located in Turlock, CA, and St. Charles, IL.

Prior to joining the organization in 2009, Ms. McLaren served as senior manager in the healthcare management practice at Frost, Ruttenberg and Rothblatt, PC for 10 years. Elizabeth has held many volunteer roles within Leading Age Illinois, one of the largest and most respected associations of providers serving older adults in Illinois.

Covenant Retirement Communities offers:

- Assisted Living/Supportive Living
- Continuing Care Retirement Community (CCRC)
- Home and Community-Based Services (HCBS)
- Hospice Care
- Independent Living
- Memory Care
- Skilled Nursing



Michael Mutterer, Immediate Past Chair

VP Patient Care/Chief Nursing Officer, Silver Cross Hospital

Michael is a healthcare Executive with a direct knowledge base and experience in Hospital, Skilled Nursing, Home Health, Hospice, and Behavioral Health Management (Implementation, development, and oversight), Clinical/Nursing services, financial and marketing services. Transformational Leader with strategic vision and operational excellence.

Specialties: Registered Nurse (R.N.), Licensed Nursing Home Administrator (LNHA), Licensed Clinical Professional Counselor (LCPC), Certified Alcohol/Drug Counselor (CADC), Certified MISA II professional

Silver Cross Hospital offers:

- Home and Community-Based Services (HCBS)



Nadim Abi-Antoun, Chair-Elect
Chief Executive Officer, Presbyterian Homes

Chief Operations Officer since 2015, is responsible for developing strategic, financial and operational goals assuring the growth and financial viability of Presbyterian Homes, one of Chicagoland's premier retirement communities since 1904. 20 years of experience in the industry gives him deep insight into the business in order to execute the leadership agenda, create effective team structures, and ensure a premium lifestyle for Presbyterian Homes residents. Nadim joined Presbyterian Homes in 2011 as the Vice-President of Information Technology, in that role, he improved efficiency and innovated through strategic planning and new technology solutions.

Prior to joining Presbyterian Homes, he was Senior Director of Information Technology at CJE SeniorLife, where he upgraded technology and processes throughout the organization. He holds an MBA from Lake Forest Graduate School of Management.

Presbyterian Homes offers:

- Continuing Care Retirement Community (CCRC)



Nadia Geigler, Secretary & Workforce Cabinet President
Chief Executive Officer, The Admiral at the Lake

Nadia Geigler has worked in not-for-profit aging services since 1999. In 2016, she joined The Admiral at the Lake as COO and transitioned into the role of CEO in 2017. Nadia serves on the Uptown United Board of Directors, is a member of the LeadingAge Illinois CCRC Cabinet and serves as a design team member and the facilitator for the LeadingAge Illinois Leadership Academy.

Nadia is a graduate of the Academy herself having gone through the life changing experience of the LeadingAge national Academy in 2011-2012. Nadia holds a Bachelors of Arts and Masters of Management in Nonprofit Administration along with several related licenses and certifications. Nadia lives in the Jefferson Park neighborhood of Chicago with her two daughters, two dogs and one husband.

The Admiral at the Lake offers:

- Continuing Care Retirement Community (CCRC)
- Independent Living
- Assisted Living
- Assisted Living Memory Support
- Short-term Skilled Nursing
- Long-term Skilled Nursing



Matt Riehle, Treasurer
Chief Executive Officer, Westminster Village

Matt Riehle been in senior living for over 20 years. Currently, serving as the Chief Operating Officer for Westminster Village for a little over 6 years. Westminster Village has about 350 residents and 220 staff members. Previously, Matt had been the administrator of 150 bed County SNF large Medicaid population. He is responsible for and has expertise in all aspects of operations, nursing, leadership and program development. Matt has a BSN degree from Illinois Wesleyan University and a Licensed Nursing Home Administrator (LNHA). Matt is active locally in community service groups mainly Normal Rotary Club and now President of the LeadingAge Illinois Nursing Facilities Cabinet.

Westminster Village offers:

- Continuing Care Retirement Community (CCRC)
- Skilled Nursing
- Assisted Living
- Independent Living



Colleen Bottens, CCRC Cabinet President

Vice President of Home and Community Based Services, Lutheran Senior Services

Colleen has served seniors in various capacities for over 30 years. She currently holds the position of Vice President of Home and Community Based Services for Lutheran Senior Services. Prior to that, she served the dual position of Vice President of Support Services for Lutheran Senior Services and Executive Director for Meridian Village. As well as Executive Director for both Sunrise Senior Living and Horizon Bay Retirement Living. She holds a degree in social work from Governors State University.

Colleen is a proud working mom with four children. A Chicago area native, Colleen now resides in Glen Carbon, Illinois with her family.

Meridian Village offers:

- Assisted Living
- Continuing Care Retirement Community (CCRC)
- Home and Community-Based Services (HCBS)
- Nursing Facility



David Guthridge, Housing Cabinet President

Director of Affordable Housing, CJE SeniorLife

David has experience in supporting public schools, business services, and most recently, aging adults. David received his Bachelor's in History from Washington University in St. Louis and served in the US Army as an Armor Officer.

David has been associated with CJE SeniorLife since 2015, serving as Director of Affordable Housing since July 2019. When he is not working, David enjoys playing the piano, trombone, or trumpet, and gardening.

CJE SeniorLife offers:

- Community Engagement Programs
- Home and Community-Based Services
- Holocaust Community Services
- Adult Day Services
- Affordable Housing
- Independent Living
- Assisted Living
- Memory Care



Sherry Barter Hamlin, HCBS Cabinet President

Executive Director/CEO, The Voyage Senior Living

Sherry Barter Hamlin currently serves as the Chief Executive Officer of The Voyage Senior Living, formerly known as River to River Residential Corporation, located in southern Illinois. Ms. Barter Hamlin has worked for The Voyage Senior Living for the past 19 years. Ms. Barter Hamlin oversees the operations of 5 assisted living facilities, 2 supportive living facilities and 2 independent living developments. This includes the supervision of all management staff, oversight of compliance requirements for the Illinois Housing Development Authority (IHDA) and provides her expertise for Illinois Low-Income Housing Tax Credit compliance within the communities. Ms. Barter Hamlin has dedicated the past 30 years to enhancing the lives of seniors with a safe and thriving environment, as well as, identifying unmet needs. She has worked diligently to promote dignity and independence within the aging population. Affordable assisted living provides the catalyst for Ms. Barter Hamlin's philosophy and dedication to all seniors, especially seniors in rural communities

The Voyage Senior Living Offers:

- Independent Living
- Supportive Living
- Assisted Living
- Memory Care



Jacqueline Sander, Assisted Living Cabinet President
Executive Director & Partner, The Birches Assisted Living & Memory Care

Jacqueline Sander is the Executive Director & Partner of The Birches Assisted Living in Clarendon Hills, IL. The Birches is an owner-operated, standalone assisted living and memory care community which focuses on the Successful Aging lifestyle. With a Bachelor of Science in Public Health with emphasis in Health Administration from NIU, and as a designated Honorary NIU College of Business Alumna, she has served seniors, healthcare professionals, students, and leaders in various capacities over the last 15 years. Jackie is passionate about keeping up with various industry trends, advocating and applying best practices in senior living, and advocating for local small businesses to 'bee' pollinator and age-friendly. The Birches and our tenure team is at the forefront of industry trends such as becoming the first certified Montessori Inspired Lifestyle community and AFA Excellence in Care distinguished community in Illinois. As an active LeadingAge Assisted Living Cabinet President, Chamber Board Member, Birches' Master Beekeeper, and past president of the NIU Executive Club, Jackie strives to connect generations and businesses to continue to enhance aging services by providing an atmosphere of growth and opportunity for all individuals regardless of age or ability.

The Birches offers:

- Assisted Living
- Memory Care



Megan Tengerstrom, Nursing Facilities Cabinet President
Vice President of Operations, Providence Life Services

Megan joined Providence Life Services in 2005, and she has served in various roles in the organization. She is currently the Vice President of Operations. Megan has a Bachelors in Healthcare Leadership and a Masters in Healthcare Administration from the University of St. Francis. She also received a Masters in Jurisprudence in Health Law from Loyola University Chicago School of Law. She holds a Certificate in Compliance from Loyola University School of Law as well as a Certificate in Long Term Care Administration from College of DuPage. She is a Licensed Nursing Home Administrator.

Providence Life Services offers:

- Independent living
- Assisted Living
- Memory Care
- Long Term Care
- Skilled Nursing
- Continuing Care Retirement Community (CCRC)
- Home and Community-Based Services (HCBS)
- Hospice Services



Carla Brown, Member-at-Large
Market VP of Operations, Ascension Living
Illinois/Indiana/Michigan/Wisconsin

Carla is a senior living executive with a tremendous amount of experience in skilled nursing, retirement living, financial and operational performance, census growth, resident and associate satisfaction, and change management. She is a passionate leader who inspires teams across the country to operational and clinical excellence.

Carla joined Ascension Living in 2015 as the Executive Director of Ascension Living St. Joseph's Place in Emmitsburg, Maryland. She currently serves as Vice President of Operations for Ascension Living, overseeing 19 senior living communities in Illinois, Indiana, Michigan and Wisconsin.

Carla received her bachelor's degree in Political Science from the University of Texas in Tyler, Texas. She believes in giving back to the community and has served on the Board of Directors as Treasurer for Habitat for Humanity and Hospice of Washington County.

Ascension Living offers:

- Assisted Living, Memory Support
- Home and Community-Based Services (HCBS)
- Independent Living
- Skilled Nursing
- Post-Acute Rehabilitation



Karen Larson, Member-at-Large
Chief Operations Officer, Franciscan Ministries

Karen is a seasoned senior management professional with 25+ years of progressive leadership in Life Plan Communities with multi-facility not-for-profit organizations, including four years demonstrated success in regional operations. Highly organized with the ability to handle multiple responsibilities simultaneously and adaptable to changing environments through strategic planning, focused decision-making, and effective communication. Strong, collaborative team builder effective in creating environments where people thrive. Specialties: Master's degree in Public Health, Licensed Nursing Home Administrator in Illinois, Indiana, and Iowa.

Franciscan Ministries offers:

- Assisted Living, Memory Care
- Skilled Nursing
- Rehabilitation, Respite Care
- Independent Living



Brian Reinhold, Member-at-Large

Vice President of Risk/Safety/Compliance, Lutheran Senior Services

Brian's an In-House Counsel and Compliance Officer for Lutheran Senior Services (LSS) since 2015. LSS provides independent living, skilled nursing, assisted living, affordable housing and in-home services of hospice, private duty and home health. He oversees risk management, litigation, claims, compliance and safety/workers compensation programs as well as representing the organization in compliance, litigation and regulatory matters.

Lutheran Senior Services offers:

- Independent Living
- Skilled Nursing
- Assisted Living
- Affordable Housing
- In-home Services



Jeremy M. Brune, CPA, Lay Board Member

Chief Executive Officer, Jeremy Brune & Associates, LLC

Jeremy received his Bachelor of Science in Accounting from Northern Illinois University and is a licensed Certified Public Accountant. His professional career has spanned twenty-five years working in the post-acute sector as a public accountant, reimbursement consultant, as well as the chief financial officer for a stand-alone non-profit CCRC during that period. Areas of service focus during this period have centered around the accuracy of financial reporting, business modeling, reimbursement consulting, collections, management support, research, and compliance reporting.



Jason Lundy, Lay Board Member

Partner, Health Care practice group, Ice Miller, LLP

He represents skilled nursing, assisted living, continuing care retirement communities, and senior housing providers. He assists those providers with all operational and regulatory matters, including regulatory compliance, responding to surveys, appealing survey findings and sanctions, Medicare and Medicaid certification, and abuse, neglect, and incident investigations and reporting. He received his J.D. from University of Illinois College of Law and his B.A. in Economics from Duke University.