

MOMENTUM

2023 ANNUAL MEETING & EXPO

MARCH 7-8

Renaissance Schaumburg Convention Center Schaumburg, IL

ADVANCE CONFERENCE PROGRAM



WHAT'S NEW FOR 2023?

- Conference is 2 days and begins with the keynote at 8:00 am each day
- Five session tracks with over 95 sessions
- Special half-day dedicated to the C-Suite takes place on Monday, March 6

A MESSAGE FROM THE BOARD CHAIR

It is full steam ahead at this year's Annual Meeting & Expo as we gather in-person to learn, network, and rededicate ourselves within the field of senior services that we love and the families we serve.

The past few years have posed exceptional challenges for all of us. Together, as professionals in service to older adults, we have met those challenges and persevered. Our teams and leaders have learned and adapted, bending but not breaking. Now, we will gather with thought-leaders, industry experts, and a broad range of exhibitors to prepare ourselves for the future we can create together.

This year's annual meeting will offer the pioneering educational opportunities you have come to expect, with over 95 sessions in 5 tracks, delivering 10 CE's for just \$ 349 per person. The value goes far beyond the unconventional education you will receive. Networking opportunities will abound, ensuring members can spend time with old colleagues and make new connections. There is no better way to stay current, exchange ideas with peers who share your interests, and elevate your services and practices.

We look forward to celebrating your dedication and supporting your quest to excel at this year's Annual Meeting and Expo. Join us for education, innovation, and a heaping dose of inspiration.

in gratitude,

Elizabeth McLaren, Chair LeadingAge Illinois

THANK YOU

LeadingAge Illinois would like to thank the following members who so generously gave of their time to help develop the 2023 Annual Meeting's educational agenda.

- Kristy Borbely, Clark-Lindsey Village
- Colleen Bottens, Lutheran Senior Services
- Terri Bowen, King-Bruwaert House
- Ann Brennan, Chicago Methodist Senior Services
- Janet Cannon, Covenant Living at Windsor Park
- Jon Dunker, Covenant Living Communities & Services
- Sherry Hamlin, The Voyage Senior Living
- Jeanne Heid-Grubman, Chicago Methodist Senior Services
- Angela Jalloh, The Admiral at the Lake
- Cory Kallheim, Covenant Living Communities & Services

- Zina Kind, The Admiral at the Lake
- Alpana Patel, Presbyterian Homes
- Matt Riehle, Westminster Village
- Charles Sankovich, Mather
- Tina Spingola Presbyterian Homes
- Megan Tengerstrom, Providence Life Services
- Karen Tomko, Greenfields of Geneva
- Paisley Valentincic, CJE Senior Life
- Johanna Zandstra, Providence Life Services



Keynote Address Tuesday Keynote Speaker

Legendary Leadership in the New Workplace

Low accountability and chronic underappreciation threaten the survival of our organizations. Despite the intense stress and exhaustion, can you see yourself lifting sprits, igniting passions, and inspiring greatness from everyone around you? 20 years of national training, consulting, and coaching has revealed 3 consistent truths about the most powerful and effective leaders and role models. Join Christopher to start your

journey towards becoming a legendary role model leader!

Participants will:

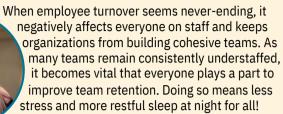
- Learn techniques that encourage the shift where team members embrace change, own problems, and take personal accountability for challenges and mistakes.
- Learn theories of Human Performance Improvement that motivate others in the face of increased demands without the promise of additional resources.
- Practice communication techniques that positively impact retention, workplace satisfaction, engagement, and the quality of team relationships.

Then, Join Christopher at his breakout sessions at 1:30 pm to continue the discussion of Leadership in the New Workplace.

Christopher Ridenhour has led wholesale culture change as the Chief Learning Officer for two multi-site healthcare companies over the last two decades. His primary responsibilities involve building Corporate Universities and "actionizing" the Mission, Vision, and Values into daily commitments. He is a perennial presenter at Pioneer Network, LeadingAge, Argentum, AHCA/NCAL, NADONA, and AHE.

Wednesday Keynote Speaker

In This Together! Become a Team of Retention Champions



Magnet Culture's Retention Strategist will energize and empower your entire team to reduce "us vs, them" team conflicts at work. Participants will leave this powerful, engaging session with a renewed sense of commitment to the organization and ownership in the retention solution. Our people are our greatest retention advocates, so let's all attract others onto our teams, instead of repelling the talent we can't afford to lose.

Learning Objectives:

- Explore ways to reduce negative and critical judgment of others.
- Learn to recognize all valuable contributions on our teams.
- Become a magnetic Retention Champion who helps reduce team turnover.

Cara Silletto, MBA, CSP, workforce thought leader, works with organizations to reduce unnecessary employee turnover by bridging generational gaps and making managers more effective in their roles. Cara began her career working for a senior care association, where she learned about the complex regulatory and reimbursement environment post-acute operators face daily



Join the Leadership Academy class of 2023-24!

Are you looking to develop and transform your leadership skills? Do you want to learn how to influence and implement change within your organization?

The LeadingAge Illinois Leadership Academy was created to develop leaders who are passionate, empowered, visionary, and committed to life-long learning so they can successfully advocate for older adults while evoking excellence within their organization.

Applications will be available on-line only in March. Visit leadingageil.org/leadership-academy/ for an application and program details.

Learning Themes

- Finding Your Authentic Leadership Voice
- Building and Leading Teams
- Becoming a Visionary Leader
- Discovering a Work/Life Balance

Session Planner - Tuesday, March 7

	9:45 - 10:45 AM	1:30 - 2:30 PM	2:45 - 3:45 PM	4:00 - 5:00 PM
Care and Services	1A Yes, You REALLY CAN Prevent Resident Falls: Part 1 2A Interdisciplinary Approach to the Care of Residents with Mental Illness	4B The In's and Out's of Respiratory Therapy 5B Activity-Based Behavioral Health Care	 7C Successful Aging: 10 Tips for Meaningful Engagement 8C The Nurse's Voice: Finding Staffing Solutions in the Annual State of Nursing 	10D Using BCBAs in Dementia Care: Our Most Difficult Cases 11D Let's Get Back to Quality Data and Outcomes
	3A Dietary strategies to maintain and promote long-term brain health	6B Yes, you REALLY CAN prevent resident falls: Part 2	Report 9C Doing More with Less	12D IDDSI - A Strategic Transition to the New Diet Texture Standards
Marketing & Sales	23A 5 Strategies To Take A WOE Marketing Program To WOW	24B Your Food Your Story: Turn Your Dining Program into Your Best Marketing Tool 25B Market Trends: Demographics, Economics, Contract Review and Financial Impact	7 Best Practices to Consider When Assessing the Effectiveness of Your Digital Marketing Program Data Driven Storytelling: Strategies for Success	28D How to Gain Momentum During Challenging Times With Your Digital Marketing Program
Public Policy & Legal Issues	34A The Nurse's Deposition: How to Prove the Best Care was Provided and Avoid Admitting the Opposite 36A Top 10 IDPH Life Safety Code Findings for Senior and Assistant Living	35A Hot Button in SNF 38B Assisted Living Town Hall Meeting	40C Audit Trails: Legal Requirements and Use as a Litigation Tool 41C Nursing Home Forum 42C Difficult Families	43D Responding to Regulators: What to do When Regulatory Agencies are Investigating a Facility 44D New Developments in the Fair Housing Act: What you
Issues	39B What you need to know about the newest State and Federal Laws Impacting Long Term Care		420 5	need to know now 45D Immigration Services
Strategy & Operations	 57A More Than Checking a Box: DEI for Meaningful Change 58A Key Health Care Trends Using Data 59A Cyber-security: An actionable plan to keep your community secure & compliant 	 60B The 2022 State of Senior Living and the Senior Living Capital Markets 61B Development Outlook Amid Volatile Construction Environment 62B Understanding the Medicare Benefit and Other Coverage 	64C Advancing Strategic Technology Solutions in Senior Living and Care 65C Streamlining Your Admissions and Intake Process 66C Future Ready	67D Non Profit Financing Options and Challenges 68D How to use informed data to choose the best master plan for your community 69D Dining's Role in the Success of Developing the
	70D Campus Repositioning: The Future of Skilled Nursing and Consumer Preferences	Nuances 63B The Importance of Risk Management in Aging Services and Benefit of a Risk Retention Group		Middle Market
Workforce & Leadership	84A Mixing Emotional Intelligence and Mindfulness: A recipe for Leadership success	87B Legendary Leadership in the New Workplace continuation of the keynote address	88C Diversity, Equity, and Inclusion: Name It, Aim It, and Claim It!	90D DON Strategies to Embrace and Enhance Leadership Skills of Your Nursing Management Team
Development	85A Managing when No One Wants to Work	91D Digital Recruiting Strategies for Attracting Today's Modern Senior Living Talent	89C Creative and Meaningful Education: Building Nursing Competencies	86B Technology as a Differentiator: Attracting Staff and Residents To Your Community

TUESDAY KEYNOTE SPEAKER, 8:00 am



WEDNESDAY KEYNOTE SPEAKER, 8:00 am



MOMENTUM

Session Planner - Wednesday, March 8

	9:45 - 10:45 AM	1:30 - 2:30 PM	2:45 - 3:45 PM	4:00 - 5:00 PM
Care and Services	13E Expanding Wellness Possibilities: Improving Resident Advocacy and Community Census 14E Best Practices in Fall Prevention 15E Strategies for Successful Operationalizing Infection Prevention and Control	16F How Ohio Living Westminster- Thurber Drove Resident Engagement 17F Revitalize Your Restorative Nursing Program for Positive Outcomes, Compliance and Reimbursement! 18F Benefits of Music, Movement, and Mindfulness for Dementia	19G Physical Activity Practices in Long-Term and Residential Care Communities and the Covid-19 Impact 20G Reviewing Publicly Reported Quality Measures to Identify Improvement Opportunities	21H Tying It All Together-An Interdisciplinary Team Approach to Addressing Health Equity In SNF 22H Strengthen Documentation to Improve Quality
Marketing & Sales	29E A Marketing Event Without a Strategy is Just a Party 30E Digital Strategies to Online Lead Generation: How To Drive Demand	31F Integrated Digital Marketing: The New Marketing Workhorse	32G Dynamic Sales & Marketing Tactics: Driving Outcomes	33H Using Data to Increase Conversion
Public Policy & Legal Issues	47E Hot Survey Issues a 2023 Update48E Housing Forum	 49F Using SNF and ALF Contracts As Both a Shield And Sword in Illinois Litigation 50F Medicaid Rates Forum 51F BIPA/Social Media and Privacy: Managing Provider Liability Arising from Technology 	52G Facility Policies: Drafting and Implementing Policies and Procedures for Long Term Care Facilities 53G State and Federal SNF SurveysYearly Update	54H IStaffing Agency Potholes: How to Avoid Unnecessary Legal Issues Involving Staffing Agency Workers 55H Sheltered Care Forum 56H HCBS Forum
Strategy & Operations	71E Medicaid Reimbursement and Cost Reports: Improve Your Bottom Line 72E The Merger, Acquisition, and Sponsorship Marketplace 73E MDS October 2023 - Change is Coming! 74E Transforming the Community of Yesteryear to the Community of Tomorrow	75F Navigating the Five-Star Rating Process to Achieve Both Operational and Financial Success 76F Strategic Foresight for Senior Living 77F Prevent Denials of Medicare Reimbursements Through Affective Clinical Documentation 78F A Tale of Flexibility	79G Four Traits of Strategically Thinking Leaders 80G Creative Financing during Challenging Times: How Phasing & Financing can help your project get done 81G Third Party Billing Pitfalls (and how to avoid them!)	82H If you're not at the table, you're probably on the menu: Preparing your board for M&A Opportunities
Workforce & Leadership Development	92E Labor & Employment Update 2023: What You Need to Know to Be Compliant 93E Motivational Interviewing as a Strategy for Staff Retention 94E Becoming a Coaching Leader	95F Using Virtual Reality Technology as a Tool for Enhanced Learning 96F "Creating a Realistic Retention Roadmap for Sustainable Success"	97G Creating a Path Towards Workplace Citizenship to Strengthen Employee Retention and Engagement 96F Continued	99H Need new employees fast? Learn How to Use Social Media and Digital Marketing for Recruitment 100H Unique Challenges of the Health Care Workforce

Pre-Conference: Exclusive C-Suite Executive and Trustee Event (Invite Only) Monday, March 6, 1 - 5pm with Reception Following

LeadingAge Illinois is pleased to offer an exclusive pre-conference experience for C-level Executive and Trustees in conjunction with our 2023 Annual Meeting. The agenda has been developed with organizational leaders' interests in mind. Join C-Suite colleagues to identify ways you refocus your efforts on growth while also ensuring you have the workforce available to do so. Then, end the day with an exclusive reception with your colleagues to network and discuss the future of senior living.

Support Your Association – Book Your Stay With LeadingAge Illinois!

Making a hotel reservation within the LeadingAge Illinois hotel room block allows the association to keep registration costs low and continue to negotiate competitive hotel room rates for future Annual Meetings. Be sure to mention LeadingAge Illinois when booking your hotel room to receive the discount. Due to hotel policies, associations are held financially responsible for hotel rooms reserved but not actually occupied. To prevent LeadingAge Illinois from incurring penalty fees, it is imperative that attendees reserve hotel rooms realistically and cancel with as much notice as possible.

Hotel Accommodations

Renaissance Schaumburg Convention Hotel 1551 N. Thoreau Dr. Schaumburg, IL 60173 847-303-4100

Ways to reserve a sleeping room:

Reserve on-line at https://book.passkey.com/go/LeadingAge2023

 5 room reservations can be reserved on-line at a time

 Call reservations at 1 (800) 468-3571 or 847-303-4100. When making a reservation, mention 'LeadingAge Illinois Annual Meeting & Expo'.

Rates: \$166 Single or double

Rooms at the Renaissance Schaumburg will be held until Friday, February 10, 2023, or until the block sells out. Once the room block has been sold out or the cut-off date has passed, group rates may not apply. All rates are per room, per night and are subject to the current state and local sleeping room tax. All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card.

Per hotel policy: The deadline to cancel a reservation is 3 business days prior to arrival date, and a cancellation number is obtained. If a reservation is cancelled after the 3 business days prior to arrival date, a full amount of the reservation will be charged for first night room & tax.



IMPORTANT - BEWARE OF ROOM PIRATES!

The Renaissance Schaumburg Convention Center is the official host hotel for the LeadingAge Illinois Annual Meeting. Reservations should be made directly through our reservation link or by calling the hotel number listed. **The hotel will not solicit you to make a reservation**. If you provide your credit card to unathorized vendors, your card could be comprimised and you may not have a reservation when you arrive onsite.

Parking: Renaissance Schaumburg Convention Center offers complimentary on-site open lot parking.

Renaissance Schaumburg Maps and Directions:

http://www.marriott.com/hotels/maps/travel/chirs-renaissance-schaumburg-convention-center-hotel/

Joint Student Membership

Join LeadingAge Illinois' new **Joint Student Membership**! A joint student membership provides full-time undergraduate and graduate students with unique opportunities to develop expertise or begin a career in aging services.

Complete **one application** to receive **complimentary** membership to LeadingAge <u>national and</u> LeadingAge Illinois. Enjoy member benefits and resources from both organizations. Your Joint Student membership lasts one-year post-graduation so that you can utilize LeadingAge member resources in your job search! To learn more, contact **info@leadingageil.org**.

Opportunities

- Exclusive access to internships and job postings through the LeadingAge Illinois and national Career Centers
- Student-specific programming and networking events
- Online member communities and membership groups
- Connections to human resources experts

Member Resources

- Career development resources and tools
- On-demand and live webinars and workshops
- Regular communications, including The Lead, LeadingAge Illinois' weekly eNewsletter, and the LeadingAge national Student Newsletter
- . Members-only online content



Member Central Located in Expo Hall

Come to Member Central in the Expo Hall to chat with staff and other members from LeadingAge Illinois. Here, you can get your membership questions answered, as well as learn more about all that your membership provides you:

- Learn about the latest LeadingAge Illinois programs and member benefits
- Discuss how you can become more involved in leadership and advocacy
- Find out about upcoming educational programs and
- resources Ask questions and share ideas with LeadingAge Illinois
 Staff and Advocates

Not a member yet? Stop by to learn about LeadingAge Illinois membership and apply onsite.

Care and Services

Yes, you REALLY CAN prevent resident falls: Part 1 Going beyond 'basic' risk assessment and 'generic' care planning!

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Maximize the effective use of pre-admission falls information.
- Incorporate the 'right' questions into the Fall Risk Assessment process
- Develop and implement effective fall prevention care plan interventions Before the first fall!

Faculty:

Dorrie Seyfried, BS, MBA, LNHA, RN, Vice President, Senior Care Risk Management Services, IPMG

An Interdisciplinary Approach to the Care of Residents with Mental Illness

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Examine the role the interdisciplinary team plays in managing residents with severe mental illness.
- List three programming ideas that will assist facilities in managing residents with severe mental illness
- Recognize the skills residents with severe mental illness need to move to the next level of care.

Faculty:

Linda Riccio, VP Therapy , Transtional Care Managment

Michelle Stuercke, RN, MSN, MPH, DNP, LNHA, Chief Clinical Officer, Transitional Care Managment Dietary strategies to maintain and promote long-term brain health

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Provide recent research and understand the close connections between food, lifestyle, dementia, and strong cognitive health
- Understand the practices, strategies and supports needed to ensure a better culture of care from pre-diagnosis, early-stage, living with and those with advanced dementia
- Provide overview of the MIND
 (Mediterranean-DASH Intervention for
 Neurodegenerative Delay) and DASH
 (Dietary Approaches to Stop Hypertension)
 diets and how the lower the chance (by
 53%) of developing Advance Dementia

Faculty:

Mindi Manuel, MS, RD, CSG,LDN, CDP, Sodexo Seniors

Emily Fear, MS, RDN, LDN, CDP, Sodexo Sr. Area Manager Clinical Support, Sodexo Seniors

The In's and Out's of Respiratory
Therapy

Tuesday, March 7 1:30 PM - 2:30 PM

- Describe the importance of Respiratory Therapy for seniors.
- Examine how Skilled Nursing Facilities can be financially impacted by providing respiratory therapy.
- Discuss the role respiratory therapy plays in clinical.

Faculty:

Jay Mandra, PharmD, Executive Vice President, Symbria

5B Activity-Based Behavioral Health Care

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Identify common behavioral health challenges experienced by older adults living with dementia, or who have experienced challenges as a result of COVID-19 and the pandemic.
- List key components of an activity-based behavioral health program.
- Develop at least 3 activity programs which minimize challenging behaviors

Faculty:

Linda Riccio, Vice-President of Therapy Services, Transitional Care Management

6B Yes, you REALLY CAN prevent resident falls: Part 2 Root Cause: What it isn't and What it is

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Define Root Cause for what it is and isn't.
- Utilize falls investigation clues to accurately determine Root Cause.
- Use Root Cause to develop resident-specific vs 'buying time' care plan interventions.

Faculty:

Dorrie Seyfried, BS, MBA, LNHA, RN, Vice President, Senior Care Risk Management Services, IPMG

7C Successful Aging: 10 Tips for Meaningful Engagement

Tuesday, March 7 2:45 PM - 3:45 PM

1 CF

- Illustrate activity modifications and recognize other antecedent-based environmental improvements.
- Identify strategies to cultivate independence in leisure programs.
- Use reinforcement-based procedures to maintain skills.

Faculty:

Maranda Trahan, Behavior Analyst, Program Coordinator, Abilities Behavior Services, A Division of Trinity Services Inc.

Amanda Ripley, Behavior Analyst, Abilities Behavior Services, A division of Trinity Services, Inc.

The Nurse's Voice: Finding Staffing Solutions in the Annual State of Nursing Report

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Gain insights into nurse perspectives on long-term care nursing.
- Take away actionable strategies to address staffing challenges.
- How technology can help alleviate the pain points associated with staffing shortages

Faculty:

David Posner, VP, Business Development, ShiftMed

9c Doing More with Less

Tuesday, March 7 2:45 PM - 3:45 PM

1 CF

- Recognize the technology options to improve dining operations.
- Discuss inspired approaches to reinvigorate excitement in senior living dining programs.
- Examine the tools and resources available to efficiently execute meal service in your senior living community.

Faculty:

Gretchen Robinson, RDN, LD, Nutrition & Dining Strategist, Martin Bros. Distributing

Using BCBAs in Dementia Care: Our Most Difficult Cases

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- Identify the general job duties of a Board Certified Behavior Analyst (BCBA).
- Recognize how BCBAs use behavioral assessments to determine environmental influences of behavioral and psychological symptoms of dementia.
- Describe behavior analytic interventions to decrease challenging behaviors and increase desirable behaviors

Faculty:

Amanda Ripley, Behavior Analyst, Abilities Behavior Services, A division of Trinity Services, Inc.

Maranda Trahan, Behavior Analyst, Program Coordinator, Abilities Behavior Services, A Division of Trinity Services Inc. Let's Get Back to Quality Data and Outcomes

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- Identify what quality measure data represents now.
- Describe a process for analyzing data to select the most current information.
- Draft a plan for using quality data for one improvement project.

Faculty:

Lisa Thomson, Chief Operating Officer, Pathway Health

12D IDDSI - A Strategic Transition to the New Diet Texture Standards

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- · Name the new diet texture standards.
- Describe the difference between the old.
 National Dysphagia Diet Textures and the new IDDSI textures.
- Identify the key players needed to prepare for the conversion within a community.

Faculty:

Mindi Manuel, MS, RD, CSG,LDN, CDP, Sodexo Seniors.

Emily Fear, MS, RDN, LDN, CDP, Sodexo Sr. Area Manager Clinical Support, Sodexo Seniors.

13E Expanding Wellness Possibilities: Improving Resident Advocacy and Community Census

Wednesday, March 8 9:45 AM - 10:45 AM

- Illustrate how a robust and sustainable wellness program promotes aging in place.
- Discuss items to consider when developing a wellness strategy in your sites.
- Examine how collaboration with your rehabilitation provider and marketing your wellness program can drive patient advocacy and improve community occupancy.

Faculty:

Jordan Bowman, Vice President Business Development, Powerback Rehabilitation

14E Best Practices in Fall Prevention

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Examine the role and growing importance of technology in more accurately assessing residents.
- Summarize the most prominent technological advances used in identifying fall risk.
- Explain how to customize programming to address deficiencies identified through assessments.

Faculty:

Jay Mandra, PharmD, Executive Vice President, Symbria

Derek Brown, Senior Director, Pharmacy Operations, Symbria, Inc.

Sandy Stoub, MA, AEA, Senior Consultant, Well-Being, Symbria

15E Strategies for Successful Operationalizing Infection Prevention and Control

Wednesday, March 8 9:45 AM - 10:45 AM

- Describe the recent industry expectations for Infection Prevention and Control.
- Describe the clinical processes affected by the industry updates
- Verbalize 3 leadership strategies for successful implementation of an Infection Prevention and Control Program

Faculty:

Susan LaGrange, Chief Nursing Officer, Pathway Health

16F How Ohio Living Westminster-Thurber Drove Resident Engagement

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Review how to choose the right senior living technology partners for their community.
- Examine how technology can draw enthusiasm and positivity for both residents and staff.
- Discuss how resident engagement grows with streamlined solutions

Faculty:

Ryan Galea, CEO, Icon

Revitalize Your Restorative Nursing Program for Positive Outcomes, Compliance and Reimbursement!

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Identify key regulatory and best practice aspects for implementation of a Restorative Nursing Program for quality outcomes.
- Explain the documentation necessary to support the MDS 3.0 coding.
- Describe 3 successful leadership strategies for oversight of the Restorative Nursing Program.

Faculty:

Susan LaGrange, Chief Nursing Officer, Pathway Health 18F Benefits of Music, Movement, and Mindfulness for Dementia

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Explore the theoretical framework regarding the connection between music, the brain, and the body while looking at which parts of the brain are stimulated in connection with the use of different styles of music during purposeful activity and movement programming.
- Develop the connection between music cadence, movement, and balance as the use of rhythm and syncopation is integrated into programming.
- Consider the many ways music and mindfulness can be utilized to restore, maintain, and improve emotional, physical, physiological, and spiritual health and wellbeing.

Faculty:

Sandy Stoub, MA, AEA, Senior Consultant, Well-Being, Symbria

Physical Activity Practices in Long-Term and Residential Care Communities and the Covid-19 Impact

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Describe the impact of facility staffing, resources/ funding, and resident needs within Long-Term and Residential Care Communities.
- Identify how PA practices differ within various Long-Term and Residential Care Communities.
- Differentiate how Covid-19 has impacted Long-Term and Residential Care Communities, as well as PA practices within these facilities.

Faculty:

Angela Doehring, PhD, Assistant Professor, University of Illinois Springfield



Reviewing Publicly Reported Quality Measures to Identify Improvement Opportunities

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Identify the impact of the pandemic on quality measures (QM) in Long-Term Care (LTC) settings.
- Explain publicly reported QMs on Care Compare that impact nursing home.
- Describe how using QAPI strategies can lead your team to implement interventions and determine QM improvement.

Faculty:

Nell Griffin, Sr. Quality Improvement Facilitator, Telligen

21H Ty Int

Tying It All Together-An Interdisciplinary Team Approach to Addressing Health Equity In SNF

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- · Examine health equity in SNF.
- · Examine social determinants of health in SNF.
- Explain the role that each member of the interdisciplinary team member plays in addressing health equity and social determinants of health.

Faculty

Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, FAOTA, Director of Clinical Reimbursement, Transitional Care Management

22H

Strengthen Documentation to Improve Quality

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- Explain the value of flowcharting the process to identify documentation opportunities.
- Use QAPI to improve timely documentation practices.
- Review QAPI tools and resources to support documentation process improvement.

Faculty:

Nell Griffin, Sr. Quality Improvement Facilitator, Telligen

Marketing and Sales

23A

5 Strategies To Take A WOE Marketing Program To WOW

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Examine the fundamentals of five marketing strategies that include messaging, social media thought leadership, ongoing tactical improvements based on data, and lead nurturing; and understand the value of using these in combination.
- Gain insight on how to develop an
 organization's competitive advantages based
 on its core values and how to communicate
 them through Storybranding, telling your
 brand's story in a way that emotionally
 connects with prospects so that you can
 effectively implement them into your
 company's messaging to attract prospects.
- Define marketing objectives in measurable and attainable terms so that you can communicate with leadership on the return on investment (ROI) for marketing efforts and spend.

Faculty:

Dan Gartlan, President, Stevens & Tate Marketing

24B

Your Food Your Story: Turn Your Dining Program into Your Best Marketing Tool

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Explain strategies to create a brand for your dining program that stands out in a crowd.
- Identify examples of successful, innovative dining programs and experiences.
- List marketing tips to tell your story to the right audience through multiple formats.

Faculty:

Kymberly Wroble, MS, RD, LD, Non-Commercial Business Solutions Specialist, Gordon Food Service

Market Trends: Demographics, Economics, Contract Review and Financial Impact

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Discover current demographic and economic trends nationally and within the Illinois that are impacting Life Planned Communities and Assisted Living providers.
- Explain how a pricing analysis can assist a community increase their monthly service fees and entrance fees as it relates to comparable competition and real estate data.
- Identify the financial and operational impact of modifying contract types, modifying monthly service fees/entrance fees or converting to a rental structure.

Faculty:

Chad Kunze, CPA, Principal, CLA

26C

7 Best Practices to Consider When Assessing the Effectiveness of Your Digital Marketing Program

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Examine the 7 areas that should be systematically reviewed within your digital program.
- Discover how to translate your findings into strategies that result in keeping your pipeline full.
- Discuss a digital audit process that will result in generating and nurturing higher-quality leads

Faculty:

Melissa Smalley, Business and Marketing Strategist, Marketing Essentials

27C

Data Driven Storytelling: Strategies for Success

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Analyze marketplace data + predictive analytics to identify growth opportunities.
- Discuss how to leverage data driven strategies to cultivate purposeful, longlasting partnerships.
- Identify data that can be utilized to build your story, driving market expansion.

Faculty:

Natalie Hackett Casey, PT, DPT, RAC-CT, QRP, VP of Strategic Partnerships, HealthPRO Heritage

How to Gain Momentum During Challenging Times With Your Digital Marketing Program

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- Get tips for positioning your digital marketing strategy
- Discover how to use advertising, SEO and social media to reach your customers.
- Learn to personalize your virtual sales experience and Plan your marketing for the next 30, 60 and 90 days.

Faculty:

Melissa Smalley, Business and Marketing Strategist, Marketing Essentials

A Marketing Event Without a Strategy is Just a Party

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Discuss how to engage prospects through events and encourage them to take the next step in the sales journey.
- Explore to best utilize your sales team before, during, and after the event.
- Discuss a variety of creative event themes, topics, and concepts that aim to engage prospects and retain depositors.

Faculty:

Leslie Dominguez, Vice President, Greystone **Kristine Graeber,** First Vice President, Greystone

Digital Strategies to Online Lead
Generation: How To Drive Demand

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Examine how to draw more visitors to your website and convert them into qualified sales leads.
- Compare the different types of prospects and where they are at in the buyer's journey.
- Discuss how to use digital media to strengthen your brand in the eyes of your prospects and stay on their decision making list.

Faculty:

Nicole Wagner, Internet Marketing Director, Stevens & Tate Marketing

Integrated Digital Marketing: The New Marketing Workhorse

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Define today's customer journey and the best ways to attract prospects to begin the journey.
- Describe how much of the marketing process can be automated to nurture prospects along their journey, leading them to want to engage with the sales team.
- Examine how the sales team's role in the customer's journey is evolving in today's digital world, and the current tools and techniques needed to best engage prospects and help guide their decision making.

Faculty

Rob Love, President/CEO, Love & Company Ellen Stokes, VP of Marketing Innovation, Love & Company

Dynamic Sales & Marketing Tactics:
Driving Outcomes

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Understand the foundational principle that sales and marketing tactics need to adapt to changing times.
- Highlight successful not-for-profit examples.
- Discuss tools to consider when needing to beef up their sales tactics and improve closing rates.

Faculty:

Stephen Johnson, Managing Director, Sponsorship Transition Advisory Practice, Ziegler

33H Using Data to Increase Conversion

Wednesday, March 8 4:00 PM - 5:00 PM

1 C

- Explore what data to use for strategic marketing plans.
- Identify where to put the data to work in marketing.
- Discuss what better results look like with data-driven marketing.

Faculty:

Jonathan Hurst-Sneh, VP, Strategy, Attane

Public Policy and Legal Issues

The Nurse's Deposition: How to Prove the Best Care was Provided and Avoid Admitting the Opposite

Tuesday, March 7 9:45 AM - 10:45 AM

- Examine the litigation process in a lawsuit against a residential care facility, with a focus on depositions and their role in defending such a lawsuit.
- Describe the common mishaps by nurses testifying on behalf of residential care facilities that turn a defensible case into an indefensible case, with examples taken from real cases.
- Attendees will leave with recommendations, best practices, and advice for advising staff when they have to give a deposition.

Faculty:

Michael Airdo, JD, Partner, Airdo Werwas, LLC. **Mollie Werwas,** JD, Partner, Airdo Werwas, LLC

Top 10 IDPH Life Safety Code Findings for Senior and Assistant Living

Tuesday, March 7 9:45 AM - 10:45 AM

1 CI

- Review the top 10 IDPH Life Safety Code findings for SNFs and Assisted Living facilities.Ho
- Provide actual tools and examples on how to avoid life safety code findings.
- Identify how to hold your vendors accountable to ensure they don't add to your noncompliance.

Faculty:

Lamar Davis, M.S., Senior Safety Engineer, Bravura Facility Management, LLC

Anne Guglielmo, Project Manager, Code Consultants

What you need to know about the newest State and Federal Laws Impacting Long Term Care

Tuesday, March 7 9:45 AM - 10:45 AM 1 CE

- Identify and describe new laws impacting long term care providers.
- Discuss the risks and enforcement issues associated with new laws
- Describe strategies to ensure compliance and mitigate risk.

Faculty:

Meredith Duncan, Shareholder Attorney, Polsinelli Sara Avakian, Attorney, Polsinelli Matthew Murer, Shareholder Attorney, Polsinelli PC

35A Hot Button Topics in SNF

Tuesday, March 7 1:30 PM - 2:30 PM 1 CE

- Identify the recent challenges communities face during the survey process and in meeting regulatory requirements.
- Develop solutions in how to best prepare to overcome these challenges.
- Determine best next steps in responding to violations.

Faculty:

Jason Lundy, Attorney, Ice Miller

38B Assisted Living Town Hall Meeting
Tuesday, March 7 1:30 PM - 2:30 PM
1 CF

- Examine recent and potential assisted living statutory and regulatory changes.
- Review the most current compliance issues with IDPH.
- Discuss relevant questions regarding daily operations.

Faculty:

Sheila Baker, JD, MBA, RN, Bureau Chief Long Term Care, Office of Health Care Regulation, Illinois Department of Public Health

Matthew Murer, Shareholder Attorney, Polsinelli PC

40C Audit Trails: Legal Requirements and Use as a Litigation Tool

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Summarize the legal requirements relating to electronic medical records and audit trails.
- Examine of the ways in which the audit trail, or failure to produce the audit trail, can be used against the facility in litigation.
- Identify recommendations, best practices, and advice for preventing the audit trail from becoming a litigation tool used against the facility.

Faculty:

Michael Airdo, JD, Partner, Airdo Werwas, LLC **Mollie Werwas,** JD, Partner, Airdo Werwas, LLC

41c Nursing Home Forum

Tuesday, March 7 2:45 PM - 3:45 PM

- Review the latest law and regulatory changes and proposals impacting nursing
- Receive an update on IDPH activities related to nursing homes.
- Discuss participant questions and topics of interest.

Faculty:

Jason Lundy, Attorney, Ice Miller

42c Difficult Families

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Explore strategies and solutions to address some of your most challenging issues with residents and their families.
- Understand legal options for enforcing providers' rights when confronted with challenging residents and families.
- Identify best practices to prevent liability and avoid enforcement actions.

Faculty

Meredith Duncan, Shareholder Attorney, Polsinelli **Matthew Kelly,** Shareholder, Polsinelli PC

Responding to Regulators: What to do
When Regulatory Agencies are
Investigating a Facility

Tuesday, March 7 4:00 PM - 5:00 PM

1 CI

- Review the investigation and dispute process involved in a regulatory investigation, with a focus on how to properly comply with surveys and requests for information from regulatory agencies.
- Describe common mistakes made by facilities when complying with a regulatory investigation that create unnecessary liability exposure for a facility.
- Attendees will leave with recommendations, best practices, and advice for advising staff when they have to comply with an investigation.

Faculty:

Michael Airdo, JD, Partner, Airdo Werwas, LLC Mollie Werwas, JD, Partner, Airdo Werwas, LLC

New Developments in the Fair Housing
Act: What you need to know now

Tuesday, March 7 4:00 PM - 5:00 PM

1 C

- Review the requirements of the Fair Housing Act.
- Examine the most common claims brought against senior housing providers.
- Discuss strategies to ensure compliance and prevent claims.

Faculty:

Matthew Murer, Shareholder Attorney, Polsinelli PC Sara Avakian, Attorney, Polsinelli 45D Immigration Services

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- Examine the new immigration legal changes under the Biden Administration
- Review a more high-level understanding of the immigration options available for this industry.
- Discuss trends to watch within the immigration-employment context.

Faculty

Ritika Narayanan, Associate, Hinshaw & Culbertson, LLP

47E Hot Survey Issues a 2023 Update

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Identify survey trends impacting long term care providers.
- Develop strategies for preparing for enforcement surveys.
- Examine best practices for responding to survey issues and mitigating liability.

Faculty:

Meredith Duncan, Shareholder Attorney, Polsinelli Matthew Murer, Shareholder, Attorney, Polsinelli PC

48E Housing Forum

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Review an update on the work plan of the LeadingAge Illinois Housing Cabinet.
- Discuss an update on federal housing and operations policy.
- Discuss participant questions.

Faculty

Juliana Bilowich, Director, Housing Operations and Policy, LeadingAge

David Guthridge, Executive Director Affordable Housing, CJE SeniorLife

Gail Burks, Branch Chief, U.S. Department of Housing and Urban Development

49F Using SNF and ALF Contracts As Both a Shield And Sword in Illinois Litigation

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Review how ALF and SNF resident contracts and specific provisions can best be used in defense of the facilities in litigated matters.
- Explore how ALF and SNF contracts can be used for risk transfer.
- Review specific contractual provisions that should be included and understand where there may be room for facilities to update their agreements.

Faculty:

Adam Guetzow, JD, Partner, Hinshaw & Culbertson LLP

David Alfini, JD, Partner, Hinshaw & Culbertson LLP Aimee Delaney, Partner and Labor and Employment Practice Group Leader, Hinshaw & Culbertson LLP

50F

Medicaid Rates Forum

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Discuss the recent changes in Medicaid rates and how they impact providers.
- Examine the most recent updates on proposed changes to Medicaid in the Illinois General Assembly.
- Discuss participant questions.

Faculty:

Matt Werner, Owner, M Werner Consulting

51F BIPA/Social Media and Privacy: Managing Provider Liability Arising from Technology

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Review applicable laws, regulations and requirements related to privacy, social media and technology.
- Discuss current issues and liability risks associated with BIPA lawsuits, privacy breaches and social media misuse
- Define best practices to ensure compliance with applicable requirements and mitigate risk and liability.

Faculty:

Meredith Duncan, Shareholder Attorney, Polsinelli Matthew Murer, Shareholder Attorney, Polsinelli PC Scott Gilbert, Shareholder Attorney, Polsinelli PC Facility Policies: Drafting and Implementing Policies and Procedures for Long Term Care Facilities

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Attendees will receive an overview of policies and procedures required by statute and regulation.
- Attendees will leave with recommendations, best practices, and advice for drafting polices specific to the unique needs of the facility and its residents.
- Attendees will leave with recommendations, best practices, and advice for training, supervising, and ensuring staff are aware of and following policies and procedures.

Faculty

Michael Airdo, JD, Partner, Airdo Werwas, LLC Mollie Werwas, JD, Partner, Airdo Werwas, LLC Dorrie Seyfried, BS, MBA, LNHA, RN, Vice President, Senior Care Risk Management Services, IPMG

State and Federal SNF Surveys--Yearly Update

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Examine recent developments in state and federal survey processes in the SNF setting.
- Review recent trends in the appeal processes related to both IDPH violations and CMS Civil Money Penalties.
- Explore the impact of recent staffing violations and what to expect following implementation period.

Faculty:

Michael Airdo, JD, Partner, Airdo Werwas, LLC Mollie Werwas, JD, Partner, Airdo Werwas, LLC 54 H Staffing Agency Potholes: How to Avoid Unnecessary Legal Issues Involving Staffing Agency Workers

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- Discuss an overview of the analysis in determining joint employer status.
- Identify common mishaps by employers that create unexpected joint employer scenarios, with examples from real cases.
- Identify recommendations, best practices, and advice for avoiding a joint employer classification.

Faculty:

Mollie Werwas, JD, Partner, Airdo Werwas, LLC

55H Sheltered Care Forum

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- Discuss survey and regulatory issues pertinent to sheltered care.
- Identify latest top citations for sheltered care.
- Discuss the most pressing participant questions.

Faculty:

Adam Guetzow, JD, Partner, Hinshaw & Culbertson LLP

56H HCBS Forum

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- Receive an update on the HCBS-related activities in Illinois.
- Hear from state and federal experts on HCBS.
- Discuss participant questions and topics of interest

Faculty:

Mike Berkes, Division Manager, Planning, Research, Development & Training, Illinois Department on Aging

Strategy and Operations

57A More Than Checking a Box: DEI for Meaningful Change

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Discuss best practices in implementing DEI programs.
- Explain the importance of customizing your DEI journey to fit your organizational values.
- · Recognize the benefits of a successful DEI.

Faculty:

Jasmine Godia, CQ Certified Facilitator, Administrative Specialist & Diversity, Equity, and Inclusion Coordinator, ClarkLindsey

Laura Edwards, Vice President of Strategy & Innovation, ClarkLindsey

Brit Vipham, Director of Project Management, The Admiral at the Lake

Samantha Victor-Alvarado, DIRECTOR OF SERVICE EXCELLENCE, Admiral at the Lake

58A Key Healthcare Trends Using Data Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Review key health care trends and how they continue to cause operational and financial challenges in senior living.
- Impact of current trends within the skilled nursing and long-term care industry.
- Demonstrate how industry-focused-data-driven insights can provide skilled nursing/long-term care organizations clarity and actionable information for strategic, operational, and financial improvement.

Faculty:

Chad Kunze, CPA, Principal, CLA

59A Cyber-security: An actionable plan to keep your community secure & compliant

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Examine how to build a proactive plan to minimize data breaches and ransomware attacks through testing and staff training.
- List what steps you should take to ensure you're securing your PHI and staying HIPAA compliant.
- Discuss how to ensure your community's eligibility for cyber-insurance in today's environment.

Faculty

Amber Bardon, CEO, Parasol Alliance

70D Campus Repositioning: The Future of Skilled Nursing and Consumer Preferences

Tuesday, March 7 9:45 AM - 10:45 AM

1 CI

- Discover senior living market dynamics, data associated with reduced utilization of skilled nursing beds, including projections on future demand for long term care.
- Discuss specific provider experiences and case studies of repositioning their communities to meet the needs of the consumer of the future.
- Explain how to execute a successful campus repositioning process and the resources necessary to manage and mitigate risk.

Faculty:

Dana Wollschlager, Partner, Plante Moran Living Forward

Jamie Timoteo, MBA, Principal, Plante Moran Living Forward

The 2022 State of Senior Living and the Senior Living Capital Markets

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Explain key senior living-specific trend data from the past year and predictions for what lies ahead.
- Discuss the implications for changes taking place in the not-for-profit senior living sector.
- Examine the current lending environment and senior living capital markets.

Faculty

Stephen Johnson, Managing Director, Sponsorship Transition Advisory Practice, Ziegler

61B Development Outlook Amid
Volatile Construction Environment

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Explain strategies that can be implemented to help mitigate risks for development projects.
- Discuss how time, quality and money shift in an uncertain construction environments.
- Understand construction commodity costs.

Faculty:

Frank Muraca, President, ARCH Consultants ltd. **Timothy Winnecke,** Sr Project Manager, ARCH Consultants ltd. 62B Understanding the Medicare Benefit and Other Coverage Nuances

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Identify common and uncommon challenges when accepting Medicare.
- Learn how to structure your third party billing system for accuracy and expediency.
- Understand the impacts of VBP penalties and incentives affecting your bottom line.

Faculty:

Elizabeth McLaren, Vice President of Reimbursement and Community-Based Services, Covenant Living Communities and Services

63B The Importance of Risk Management in Aging Services and Benefit of a Risk Retention Group

Tuesday, March 7 1:30 PM - 2:30 PM

1 CF

- Examine how to implemented a risk management program through the guidance and support of a risk retention group.
- Review how evidence-based risk
 management strategies can engage staff,
 improve resident outcomes, and reduce risks
 organization wide.
- Provide key takeaways and risk management tips that are applicable to aging service organizations.

Faculty:

Mark Dubovick, Health Services Administrator, The Admiral at the Lake

Nadia Geigler, NHA, CEO, The Admiral at the Lake **Alexandria Adams**, Analyst and Consultant, ECRI

64C Advancing Strategic Technology Solutions in Senior Living and Care

Tuesday, March 7 2:45 PM - 3:45 PM

L CE

- Discuss examples of advanced technologies that assist today's senior living organizations.
- Explain how to effectively integrate technology solutions into operations.
- Discuss ideas to advance innovation and technology adoption within one's own organization.

Faculty:

Stephen Johnson, Managing Director, Sponsorship Transition Advisory Practice, Ziegler



65C Streamlining Your Admissions and Intake Process

Tuesday, March 7 2:45 PM - 3:45 PM

- Identify the various steps needed to obtain maximum reimbursement.
- · Learn how to structure your third party billing system for accuracy and expediency.
- Understand the impacts of VBP penalties and incentives affecting your bottom line.

Faculty:

Lauren Wienrich, Director of Intake and Admissions, Covenant Living Communities &

66C Future Ready

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Examine senior living market dynamics, data associated with reduced utilization of skilled nursing beds, and projections on future demand for long-term care.
- Recognize how specific provider case studies, who share how they successfully repositioned their communities to meet the needs of the consumer of the future.
- Discuss how to execute a successful campus repositioning process and find the resources necessary to manage and mitigate risk.

Faculty:

1 CE

Jamie Timoteo, MBA, Principal, Plante Moran Living Forward

Brian Pangle, CEO, Clark Retirement Community

Non Profit Financing Options and Challenges

Tuesday, March 7 4:00 PM - 5:00 PM

- Discuss types of debt financing alternatives and processes to pursue to such options.
- · Recognize how operational challenges, debt covenants, or defaults can lead to distressed situations
- Review when and how to consider sponsorship transition and/or affiliation opportunities.

Faculty:

David Nie, Partner, Ice Miller LLP Taryn Stone, Partner, Ice Miller LLP

How to use informed data to choose the best master plan for your community

Tuesday, March 7 4:00 PM - 5:00 PM

- Review how the power of data can help stakeholders make informed decisions that maximize the value of their investment.
- Discuss the steps necessary to create consensus among multiple stakeholders for the long-term success of the facility planning.
- Discuss the steps of a successful master plan.

Faculty:

Rachel Emmons, Cost Benefit Analysis Expert, **BLDD Architects**

Scott Likins, Principal, BLDD Architects Chris Lee. Designer, BLDD Architects, Inc. Emiel Guede, Associate, BLDD Architects, Inc.

Dining's Role in the Success of Developing the Middle Market

Tuesday, March 7 4:00 PM - 5:00 PM

1 CF

- Explain budget management needed by the dining team to be successful in a middlemarket community.
- Identify the training fundamentals needed culinary support for middle-market community dining programs.
- Describe the key elements for leveraging dining for effective marketing and occupancy growth.

Faculty:

Steve Lavenda, CPA, Partner, Marcum LLP Scott Manson, CPA, CGMA, CMA, Managing Director, Marcum LLP

Medicaid Reimbursement and Cost Reports: Improve Your Bottom Line

Wednesday, March 8 9:45 AM - 10:45 AM

- Examine the basics of Illinois Medicaid reimbursement, the provider tax, and the recent changes.
- Discuss the due dates and parts of the HFS long term care cost report.
- Explore ways to improve your bottom line through the filing of a Capital report.

Faculty:

Steve Lavenda, CPA, Partner, Marcum LLP Scott Manson, CPA, CGMA, CMA, Managing Director, Marcum LLP

The Merger, Acquisition, and 72E Sponsorship Marketplace

Wednesday, March 8 9:45 AM - 10:45 AM

- Identify how to effectively incorporate mergers, acquisitions and dispositions into a comprehensive growth strategy.
- Learn about valuation and due diligence techniques important in evaluating mergers, acquisitions and dispositions.
- · Discover from organizations who have engaged in a recent acquisition or disposition.

Faculty:

Stephen Johnson, Managing Director, Sponsorship Transition Advisory Practice, Ziegler

MDS October 2023 - Change is Coming!

Wednesday, March 8 9:45 AM - 10:45 AM

- Review the new and revised MDS items, such as patient demographic and social determinants of health items, that will be utilized for standardizing information from all post-acute care settings.
- Gain an understanding of the impact of the elimination of Section G function items and the use of Section GG for all OBRA assessments.
- Learn what changes may need to be made in your facility for proper completion of the MDS.

Deb Emerson, CPA, RAC-CT, RAC-CTA, Principle. Health Care, CLA (CliftonLarsonAllen LLP)

Transforming the Community of Yesteryear to the Community of Tomorrow

Wednesday, March 8 9:45 AM - 10:45 AM

- Identify the most important information to gather on a market, including demographics and competitive insights, to drive a master planning process.
- Discuss how information gained from certain consumer research provides a strong foundation on which to pricing, contract and programming
- Indentify how to align wellness, dining and social connectivity strategies for an overall vision for resident self-fulfillment.

Faculty:

Jerry Walleck, Principal, Perkins Eastman Architects Jay Prince, CEO, Heritage of Kalamazoo Sara Montalto, VP of Strategic Services, Love & Company



Navigating the Five-Star Rating Process to Achieve Both Operational and Financial Success

Wednesday, March 8 1:30 PM - 2:30 PM

- · Review the current and recently updated calculation of the Five-Star rating system and the various inputs that factor into the calculation.
- Gain an understanding of how operational changes, such as scheduling, can impact the overall star rating and impact the financial outcomes at a facility.
- Learn what financial decisions can be made for overall operational improvement without significant impact on the star rating.

Deb Emerson, CPA, RAC-CT, RAC-CTA, Principle, Health Care, CLA (CliftonLarsonAllen LLP)

Strategic Foresight for Senior Living

Wednesday, March 8 1:30 PM - 2:30 PM

- · Leading and facilitating all phases of a Scenario-Based Planning.
- Aligning teams and individuals behind the skill of "futuring" to enhance agility in the organization.
- Leveraging an agile foresight system to guide effective decision-making.

Robin Champ, Chief of Enterprise Strategy and Foresight, US Secret Service

Prevent Denials of Medicare Reimbursements Through Affective Clinical Documentation

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- · Identify systems that must be in place to ensure proper documentation to secure coverage and payment.
- Determine common pitfalls that can delay cash flow and may result in bad debt.
- Develop processes that ensure documentation is consistent, accurate, and provides for maximum reimbursement of services.

Amy Lane, Regional Directors of Clinical Services, Covenant Living Communities & Services Becky Smith, Regional Directors of Clinical Services, Covenant Living Communities & Services

A Tale of Flexibility

Wednesday, March 8 1:30 PM - 2:30 PM 1 CE

- · Expose the attendees to real world decisions made while programming a building expansion during fluctuating financial times.
- Analyze the need to expand assisted living. A new perspective of using benchmark data.
- Discuss the effects of material availability, managing substitutions, and cost increases during the construction of a project.

Randy Gross, Vice President Project Development , Covenant Living Communities and Services Jose Montalvo, Senior Associate & Senior Manager, THW Design | Architecture

Four Traits of Strategically Thinking

Wednesday, March 8 2:45 PM - 3:45 PM

- Strengthen your team's ability to determine where existing resources can be reallocated to higher order priorities.
- Improve your organization's ability to prioritize strategic initiatives that matter most to the success of your organization.
- Learn how to incorporate accountability, learning and agility into execution of your organization's strategic plan.

Doug Maris, Vice President of Operations, LBL Strategies

Robin Champ, Chief of Enterprise Strategy and Foresight, US Secret Service

Creative Financing during Challenging Times: How Phasing & Financing can help your project get

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- · Examine the importance of continuing to plan and move forward, even in tougher times.
- Discuss how Phasing a project and incorporating some creative financing options can make a project viable.
- Explore how Evenglow and Clark Lindsey Village used phasing and creative financing to close on their transformative projects in 2022, despite the increases in construction costs and interest rates.

Lynn Daly, Executive Vice President, HJ Sims

Third Party Billing Pitfalls (...and how 81G to avoid them!)

Wednesday, March 8 2:45 PM - 3:45 PM

- Identify language to have in third party billing agreements to ensure clarify of roles and responsibilities.
- Learn how to structure your third party billing system for accuracy and expediency.
- Understand the impacts of VBP penalties and incentives affecting your bottom line.

Faculty:

Jon Dunker, Director, Reimbursement, Covenant Living Communities & Services

If you're not at the table, you're probably on the menu: Preparing your board for M&A Opportunities

Wednesday, March 8 4:00 PM - 5:00 PM

- · Examine the importance of keeping your board up to date with the type and velocity of affiliations and sponsorship transitions happening in the Senior Living Industry
- Discuss how other non-profits and for-profits are successfully positioning themselves to grow (and/or divest) via Mergers and Acquisitions.
- Explore how to use the take-away tool and how it can be customized for your community. A sample will be discussed and the tool will be available for providers to 'take-home' after the session.

Faculty:

Lynn Daly, Executive Vice President, HJ Sims

Workforce and

Leadership Development

84A Mixing Emotional Intelligence and Mindfulness: A recipe for Leadership success

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Define Mindfulness and Emotional Intelligence.
- Share experiences of brief mindfulness practices and rate comfort before and after practice.
- Recognize ways to incorporate mindfulness/ EI into personal Practice and utilize in Healthcare settings.

Faculty:

Ingrid Provident, Education Specialist, Select Rehabilitation

85A Managing when No One Wants to Work

Tuesday, March 7 9:45 AM - 10:45 AM

1 CE

- Discuss the burden of leadership and what it takes to become an effective manager.
- Identify why some employees stay and some don't.
- Understand the structure of Leadership and how to develop a cohesive leadership team.

Faculty:

Ralph Peterson, Strategic Business Consultant

87B Legendary Leadership in the New Workplace continuation of the keynote address

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

• TBD

Faculty:

Christopher Ridenhour,

Digital Recruiting Strategies for Attracting Today's Modern Senior Living Talent

Tuesday, March 7 1:30 PM - 2:30 PM

1 CE

- Discuss the challenges inherent in recruiting the modern workforce.
- Identify the 4 steps of the recruiting funnel.
- Apply digital best practices for each stage of the recruiting funnel.

Faculty:

Melissa Smalley, Business and Marketing Strategist, Marketing Essentials Diversity, Equity, and Inclusion:
Name It, Aim It, and Claim It!

Tuesday, March 7 2:45 PM - 3:45 PM

1 CE

- Discuss if DEI committees work, who should lead them, and how to decide on realistic goals.
- Describe the processes that create safe and honest spaces for tough conversations and conflicts
- Discuss how to identify and remediate the cultural blind spots that threaten your effectiveness.

Faculty:

Christopher Ridenhour

89C Creative and Meaningful Education: Building Nursing Competencies

Tuesday, March 7 2:45 PM - 3:45 PM

1 CF

- Identify the elements of competencies and evidenced base education to develop skills.
- Develop a facility plan to implement competency-based training.
- Describe key strategies for nursing leadership to operationalize the training process.

Faculty:

Susan LaGrange, Chief Nursing Officer, Pathway Health

86B Technology as a Differentiator: Attracting Staff and Residents To Your Community

Tuesday, March 7 4:00 PM - 5:00 PM

1 CI

- Examine what technologies are available that can help attract staff and residents to your community.
- Explore real life examples of providers who have succeeded in differentiating themselves through technology.
- Explore key requirements that providers need to have in place before embarking with new technologies.

Faculty:

Steven VanderVelde, PMP, Director of Senior Living Partnerships, ProviNET Solutions

90D DON Strategies to Embrace and Enhance Leadership Skills of Your Nursing Management Team

Tuesday, March 7 4:00 PM - 5:00 PM

1 CE

- Describe the steps in developing an individualized nurse manager curriculum for leadership.
- Verbalize two methods for delivery of education.
- Identify two strategies for evaluation and follow-up.

Faculty:

Susan LaGrange, Chief Nursing Officer, Pathway Health

92E Labor & Employment Update 2023: What You Need to Know to Be Compliant

Wednesday, March 8 9:45 AM - 10:45 AM

- Discussion of new local and state regulations impacting policy and annual training requirements, creating pay reporting obligations and other updates.
- Discuss developments and initiatives on the federal level.
- Explore trends to watch based on initiatives making ground in other states.

Faculty:

Aimee Delaney, Partner and Labor and Employment Practice Group Leader, Hinshaw & Culbertson LLP

Adam Guetzow, JD, Partner, Hinshaw & Culbertson LLP

David Alfini, JD, Partner, Hinshaw & Culbertson LLP

93E Motivational Interviewing as a Strategy for Staff Retention

Wednesday, March 8 9:45 AM - 10:45 AM

- Discuss the benefits of using Motivational Interviewing skills to strengthen communication and improve quality.
- Describe four strategies of Motivational Interviewing: open-ended questions; affirmation; reflective listening; summaries (OARS).
- Use Motivational Interviewing as a communication tool to improve staff retention.

Faculty:

Nell Griffin, Sr. Quality Improvement Facilitator, Telligen

94E Becoming a Coaching Leader

Wednesday, March 8 9:45 AM - 10:45 AM

1 CE

- Define the elements of a coaching approach to supervision and compare how it is different than traditional supervision.
- Explore how a coaching framework supports a culture of employee growth and empowerment.
- Discuss how a coaching culture supports retention and growth of your current workforce.

Faculty:

Anna Ortigara, RN, MSN, Gerontological Nurse Specialist

95F Using Virtual Reality Technology as a Tool for Enhanced Learning

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Discuss how technology can help to enhance role specific staff training.
- Examine how to utilize VR technology to promote the development of empathetic response in caregivers and staff.
- Review how to teach staff practical triaging techniques through experiential learning.

Faculty:

Catherine Samatas, Director of Engagement & Innovative Programming, CJE SeniorLife Sarah Cohen, Health Educator, CJE SeniorLife 96F Creating a Realistic Retention Roadmap for Sustainable Success

Wednesday, March 8 1:30 PM - 2:30 PM

1 CE

- Identify gaps between where our culture is today versus where it needs to be to effectively attract and retain talent.
- List potential retention initiatives to gain the greatest ROI with the smallest time commitment.
- Discuss a plan of action for retention initiatives that will make a difference.

Faculty:

Cara Silletto, MBA, CSP, President & Chief Retention Officer, Magnet Culture

976 Creating a Path Towards Workplace Citizenship to Strengthen Employee Retention and Engagement

Wednesday, March 8 2:45 PM - 3:45 PM

1 CE

- Examine how each of the 3 Plagues of Helplessness, Loneliness, and Boredom are impacting staff, resulting in employee disengagement and staff shortages.
- Identify the 7 Domains of Well-Being model as the framework to overcome the 3 Plagues, meet their employees' five critical needs and create a working experience their employees desire and will allow them to thrive.
- Discover how to become a Shepherd Leader by learning how to come beside their employees to bring out their best, harness their collective genius, and inspire them to become "citizens" and take an active role in continually supporting and enhancing the well-being of all members of their community.

Faculty:

Bruce Berlin, Founder & Chief Experience Officer, Prioriteams

99H Need new employees fast? Learn How to Use Social Media and Digital Marketing for Recruitment

Wednesday, March 8 4:00 PM - 5:00 PM

1 CE

- Review real life examples of the right way to use Social Media, Digital Marketing and Reputation Management to become proactive instead of reactive in finding and recruiting new employees.
- Explore strategies for Increase quality and number of candidates and increases reach and interest in open positions.
- Examine how to build community awareness about your community and have a reputation for being an employer of choice.

Faculty:

Fran Palma, Senior Vice President Digital Strategies, Covenant Living Communities & Services

Mackenzie Hurlbert, Digital Strategies Manager, Covenant Living Communities and Services Dylan Pattenaude, National Director of Digital Strategies, Covenant Living Communities and Services

Unique Challenges of the Health Care Workforce

Wednesday, March 8 4:00 PM - 5:00 PM

- Describe industries affecting the health care workforce.
- Articulate the top challenges of the health care workforce and operations.
- Explain five key leadership strategies to meet the new demands for positive outcomes.

Faculty:

Lisa Thomson, Chief Operating Officer, Pathway Health

List of Exhibitors

The Expo Floor will be open on Tuesday and Wednesday from 10:45 am to 1:30 pm. Visit the most up-to-date exhibitor list and floor plan at https://annualconference.leadingageil.org/2023/floor_plan.cfm. The interactive floor plan can also help you manage your time on the Expo Floor with options to contact exhibitors prior to the conference to request a meeting or simply create your own list of "must see" companies. The Expo Floor is also home to the LeadingAge Illinois Membership area, and other attendee engagement activities.

Exhibitor List as of January 6, 2023:

ARCH Consultants

Accushield

Advacare Systems

Aegis Therapies

AlixaRx

All-Stat Portable

Apollo Corporation

Assembly Health/Polaris Group

Balanced Environments, Inc

CARF International

CMP Pharma

Calmoseptine. Inc.

CliftonLarsonAllen LLP

Compass Community Living

ConnectRN

Cornell Communications, Inc.

Cura Hospitality

Direct Supply

ESHYFT

Elderwerks Educational Services Fitzsimmons Hospital Services

Forefront Culinary & Support

Services

Forum Pharmacy

Genesis Rehab Services Green Tree Pharmacy

HD Supply

Hamilton CapTel

HealthPRO Heritage

Insurance Program Managers Group

IntelyCare

KARE

MAC Rx LLC

MVTL Laboratories, Inc. (MN Valley

Testing Laboratories, Inc.)

Marcum

Marketing Essentials

McKesson Medical-Surgical

Medline Industries, Inc.

Nania Energy

Ovitsky Vision Care

PARO ROBOTS US INC

Parasol Alliance

Pathway Health Services, Inc.

PharMerica

Plante Moran, PLLC

ProviNET Solutions

RSM US LLP

RXPERTS Pharmacy

Remedi SeniorCare

Sawgrass Partners, LLC

Select Rehabilitation

ShiftMed

Sodexo Seniors

Southern Bus & Mobility

Symbria

THW Design

TMC

Tee Jay Service Company, Inc.

TridentCare

Vohra Wound Physicians

Walsh Construction Company

Wipfli LLP

Ziegler

2023 Sponsors

Thank you to all of the LeadingAge Illinois sponsors. The following are some of the companies who help make this event possible.

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Rates Deadlines

Early Registration Deadline	Tuesday, January 31, 2023
Pre-registration (Standard) Deadline	Wednesday, February 6, 2023

	Early Bird (by January 31)	Standard (February 1 and later)
Provider Member	\$349/pp	\$449/pp
Provider Non-member	\$549/pp	\$649/pp
Non-Exhibiting Vendor (member)*	\$749/pp	\$849/pp
Non-Exhibiting Vendor (non-member)*	\$1049/pp	\$1149/pp
Exhibiting Vendor (member add'l)*	\$349/pp	\$449/pp
Exhibiting Vendor (non-member add'l)*	\$549/pp	\$649/pp
Board and Trustee and Residents***	FREE	FREE
Retiree**	\$249/pp	\$249/pp

Registration

Register for the 2023 Annual Meeting & Expo at leadingageil.org/annual-conference.

What's included?

Full Annual Meeting rates cover all educational sessions, Annual Meeting materials, coffee, lunches, and Tuesday night reception.

Concurrent Educational Sessions

Refer to the on-line brochure at leadingageil.org/annual-conference for full session descriptions. **NEW!! Sessions do NOT need to be indicated at the time of registration.**

A link to select sessions and food functions will be sent to all registrants to help prevent overcrowding and ensure an adequate supply of on-site materials.

Continuing Education Credit Policy

When offering CE credit, LeadingAge Illinois must abide by the rules and regulations of all applicable professional accrediting boards and agencies. As such, LeadingAge Illinois cannot provide CE credit to attendees who arrive late or leave prior to the conclusion of the session, including the Q&A and interactive components of a session. Attendees must be present for the entire duration of the session to receive full credit. Name badges must be scanned at each session attended in order to receive a certificate of attendance.



Badges will have a bar code that is unique to each registrant. Registrants should scan their badge at each session at the Annual Meeting. Badge sharing is not allowed.

Continuing education certificates will be made available no later than 45 days from last day of the meeting and can be found on the LeadingAge Illinois website at www.leadingageil.org.

Leading Age Illinois Member Rates (Nonvendor)

Provider member rates include employees from any provider (non-vendor) members. Providers include organizations that provide direct care or services such as CCRC, SNF, Assisted Living/Supportive Living, Independent Living/Housing, and HCBS.

All rate are per person.

*Non-exhibiting Vendor Member & Non-exhibiting Non-Member Vendor Rates
Suit-casing on the expo floor is not permitted. Violators will be escorted from the building.

**Retiree Rates

Retiree – Retirees may register through the on-line registration system.

LeadingAge Illinois staff will contact the retiree registrant to provide a cover letter, which must state the year registrant retired and the organization from which registrant retired in order to complete the registration process.

***Board, Trustee, and Resident Rate
Board Members and trustees NOT
employed by a provider or vendor can
attend at no extra cost if employees from
the organization are registered to attend.
CE credit not provided.



Registrants who have registered under the wrong fee category will be responsible for the difference in fee. The order will automatically be changed to the correct amount.

Registration Instructions

Visit leadingageil.org/annual-conference to register. Contact LeadingAge Illinois at meetingservices@leadingageil.org or 630-325-6170 for questions.

Registration Substitutions and Cancellation

No longer able to attend the Annual Meeting? You may either

- send a substitute in your place
- cancel your registration

	On or before February 6	After February 6
Substitution	Email outreachregistration@niu.edu with replacement's information	Substitutions will be processed on-site. A \$25 administrative fee will be charged. The original badge MUST be submitted at the time of the substitution in order for a new attendee badge to be issued.
Cancellation	Email outreachregistration@niu.edu. A refund will be issued minus a \$25 processing fee	Refunds will not be issued for cancellations received after this date.

Special Services

If you require special services or assistance on-site, please describe your needs in writing and send via email to meetingservices@leadingageil.org.

Dietary Restrictions

If you checked the dietary restriction checkbox during registration, LeadingAge Illinois staff will e-mail you prior to the conference regarding meals and restrictions. Not all restrictions may be accommodated.

Continuing Education Credits

Provider and vendor registration categories are eligible to earn CE Credit for the following:

Education Sessions: up to 8.0 hours General Sessions: 1.0 each day (in addition to the hours noted above)

The following categories have been approved. Visit on-line brochure for the complete list of categories that are eligible to earn CE credit.

- Illinois Licensed Nursing Home Administrators
- Illinois Licensed Clinical Social Workers/Licensed Social Workers
- Illinois Licensed Occupational Therapists and Occupational Therapy Assistants
- Illinois Licensed Physical Therapists and Physical Therapy Assistants
- Illinois Registered Public Accountants
- Illinois Licensed Nurses
- Illinois Licensed Professional Counselors/Clinical Counselors

Mother's Room

A mother's room will be located on the first floor of the conference center near registration in the hotel's first aid private room. The room will be equipped with a power source, chair and a refrigerator. A key will be needed for the room and can be signed out at the CE/Information desk at registration. For questions, e-mail meetingservices@leadingageil.org.

Photography and Video Release Statement

Sessions and activities may be photographed or video-recorded. Attendance at the Annual Meeting constitutes consent of all attendees to the future broadcast, publication, or other use of photographs or videos at the sole discretion of LeadingAge Illinois.

Registration Confirmation

All pre-registered attendees will receive a confirmation by email. Contact NIU at outreachregistration@niu.edu or 815.753.6900 if a confirmation was not received or if the confirmation contains errors.

Registration Questions

Registration questions should be directed to our registration service provider, Northern Illinois University by calling 815.753.7922 or emailing outreachregistration@niu.edu. Reference LeadingAge Illinois registration in the subject line.

Direct all other meeting questions to meetingservices@leadingageil.org or call LeadingAge Illinois at 630.325.6170.

Badges

Split/Share Registration Policy

Splitting or sharing a registration is not permitted. A registration must be used by the same person for the whole conference even if the person is able to attend only part of the program or annual meeting. Badges will be mailed to the address provided during registration.