



BOARD OF DIRECTORS



Michael Mutterer, Chair

VP Patient Care/Chief Nursing Officer, Silver Cross Hospital

Michael is a healthcare Executive with a direct knowledge base and experience in Hospital, Skilled Nursing, Home Health, Hospice, and Behavioral Health Management (Implementation, development, and oversight), Clinical/Nursing services, financial and marketing services. Transformational Leader with strategic vision and operational excellence.

Specialties: Registered Nurse (R.N.), Licensed Nursing Home Administrator (LNHA), Licensed Clinical Professional Counselor (LCPC), Certified Alcohol/Drug Counselor (CADC), Certified MISA II professional

Silver Cross Hospital offers:

- Home and Community-Based Services (HCBS)



Bill DeYoung, Immediate Past Chair

Chief Operating Officer, Providence Life Services

Bill has 29 years of experience in the field of accounting. His areas of expertise include overseeing financial, investment, operational, IT, compliance, risk management and purchasing functions. He received his Bachelor of Science in Business with a Concentration in Accounting, from Trinity Christian College in 1986.

Providence Life Services offers:

- Assisted Living
- Continuing Care Retirement Community (CCRC)
- Home and Community Based Services (HCBS)
- Independent Living
- Skilled Nursing



Elizabeth McLaren, Chair-Elect

Associate Vice President of Health Services, Covenant Retirement Communities

Elizabeth has been with Covenant Retirement Communities since 2009. She was the Healthcare Finance Manager from 2009-2010, National Director of Healthcare from 2010 to 2016, and Vice President of Health Services since May 2016. She is responsible for oversight of assisted living and skilled nursing operations on the 14 Covenant Retirement Communities campuses, as well as operational oversight of the three home care and hospice entities of CovenantCare at Home. She's an author and frequent contributor to various publications including Provider Magazine.

Covenant Retirement Communities offers:

- Assisted Living
- Continuing Care Retirement Community (CCRC)
- Home and Community-Based Services (HCBS)
- Hospice Care
- Independent Living
- Memory Care
- Skilled Nursing



Colleen Bottens, Secretary & CCRC Cabinet President

Vice President of Support Services for Lutheran Senior Services and Executive Director for Meridian Village

Colleen has served seniors in various capacities for over 30 years. She currently holds the dual position of Vice President of Support Services for Lutheran Senior Services and Executive Director for Meridian Village. As Vice President of Support Services, she supports Lutheran Senior Services' Clinical Team, Workforce Excellence Team, Home and Community Based Services Team, and Affordable Housing Team. Prior to that she served as an Executive Director for both Sunrise Senior Living and Horizon Bay Retirement Living. She holds a degree in social work from Governors State University. Colleen is a proud working mom with four children. A Chicago area native, Colleen now resides in Glen Carbon, Illinois with her family.

Meridian Village offers:

- Assisted Living
- Continuing Care Retirement Community (CCRC)
- Home and Community-Based Services (HCBS)
- Nursing Facility



John Larson, Treasurer & HCBS Cabinet President
CEO, Cantata Adult Life Services

John is the current CEO of Cantata Adult Life Services and has worked with Cantata for over 25 years. He received his Bachelor of Science in Business Administration with a Concentration in Accounting and Business Law from University of Illinois at Chicago in 1986.

Cantata Adult Life Services offers:

- Assisted Living
- Home and Community-Based Services (HCBS)
- Independent Living
- Skilled Nursing



Jamie Zens, Assisted Living Cabinet President
Administrator, Riverside Senior Life Communities - Bourbonnais

Jamie Zens with Riverside Senior Life Communities, part of Riverside Healthcare, has dedicated her time and talents to the Elderly population, bringing state of the art, person-centered care to our seniors. Jamie has been with Riverside Healthcare for over 17 years in various roles. Currently the Administrator at Riverside's Assisted Living and Memory Care in Bourbonnais, she not only serves the local community leading the way in Senior Care, she is also the President of the Assisted Living Cabinet for Leading Age Illinois, advocating for the industry at a state level. Jamie has a Master's Degree in Business Administration, was presented the Forty under Forty award in her County and has been recognized in Yes! Magazine as "Women Who Shine."

Jamie Zens is the mother of two beautiful children, Asher and Harlow, as well as, a doting wife of, Retired 1st Sgt with the Illinois Army National Guard and current General Manager of LaBeau Bros., Paul Zens.

Specialties: Licensed Nursing Home Administrator (LNHA), Certified Marketing Professional (CMP), Certified Dementia Practitioner (CDP).

Riverside Senior Life Connections offers:

- Estate Homes
- Independent Living
- Assisted Living
- Memory Care
- Skilled Care
- Alzheimer's Support Groups



David Guthridge, Housing Cabinet President
Director of Affordable Housing, CJE SeniorLife

David has experience in supporting public schools, business services, and most recently, aging adults. David received his Bachelor's in History from Washington University in St. Louis and served in the US Army as an Armor Officer.

David has been associated with CJE SeniorLife since 2015, serving as Director of Affordable Housing since July 2019. When he is not working, David enjoys playing the piano, trombone, or trumpet, and gardening.

CJE SeniorLife offers a continuum of care including:

- Community Engagement Programs
- Home and Community-Based Services
- Holocaust Community Services
- Adult Day Services
- Affordable Housing
- Independent Living
- Assisted Living
- Memory Care



Matt Riehle, Nursing Facilities Cabinet President
Chief Operating Officer, Westminster Village

Matt Riehle has been in senior living for over 20 years. Currently, serving as the Chief Operating Officer for Westminster Village for a little over 6 years. Westminster Village has about 350 residents and 220 staff members. Previously, Matt had been the administrator of 150 bed County SNF large Medicaid population. He is responsible for and has expertise in all aspects of operations, nursing, leadership and program development. Matt has a BSN degree from Illinois Wesleyan University and also a Licensed Nursing Home Administrator (LNHA). Matt is active locally in community service groups mainly Normal Rotary Club and now President of the LeadingAge Illinois Nursing Facilities Cabinet.

Westminster Village offers:

- Continuing Care Retirement Community (CCRC)
- Skilled Nursing
- Assisted Living
- Independent Living



Christy Utterback, Member-at-Large
Regional Director, St. Andrew's Resources for Seniors System

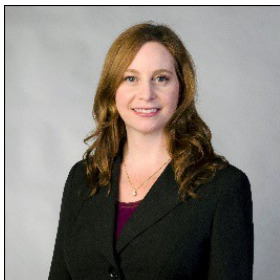
Christy Utterback is a Regional Director of Operations for St. Andrew's Management Services. She works with seniors to live fulfilled, safe and happy lives. Christy believes that growing old should be the best part of our life and that she is fortunate to be in a position to impact the lives of many seniors and their families. Not only does she feel a sense of duty to our aging population, but also to the people that care for our elders. Christy has enjoyed 17 years of working in Senior Care and housing.

One of Christy's proudest moments was when the president of St. Andrew's Resources for Seniors asked her to be the instructor for their Asset Based Thinking program. The program is designed to grow our leaders and give them tools to positively and effectively use critical thinking skills. The program also teaches us to reprogram our brains to look at every situation in a positive manner. This is creating a culture of happier team members and leaders, which trickles down to more satisfied customers.

Christy lives in Red Bud, Illinois. She is blessed with a wonderful husband Reed and 3 children Casey, Dalton and Katie. They also share 2 grandchildren, Jaren and Nya.

St. Andrew's Resources for Seniors System offers:

- Assisted Living
- Retirement Living
- Memory Care
- Rehabilitation
- In-Home Care



Dawn Zimmerman Mondschein, Member-at-Large
Executive Director, Central Baptist Village

Dawn has over 24 years of experience in the senior health care and housing industry. Solid background in management, organizational leadership and program development. As the Executive Director at Central Baptiste Village, Dawn provides mission driven, strategy focused leadership to ensure continuous high quality services for residents and a healthy, challenging workplace for staff.

Central Baptist Village offers:

- Assisted Living
- Continuing Care Retirement Community (CCRC)
- Nursing Facility
- Senior Housing



Nadim Abi-Antoun, Member-at-Large
Chief Operating Officer, Presbyterian Homes

Chief Operations Officer since 2015, is responsible for developing strategic, financial and operational goals assuring the growth and financial viability of Presbyterian Homes, one of Chicagoland's premier retirement communities since 1904. 20 years of experience in the industry gives him deep insight into the business in order to execute the leadership agenda, create effective team structures, and ensure a premium lifestyle for Presbyterian Homes residents. Nadim joined Presbyterian Homes in 2011 as the Vice-President of Information Technology, in that role, he improved efficiency and innovated through strategic planning and new technology solutions.

Prior to joining Presbyterian Homes, he was Senior Director of Information Technology at CJE SeniorLife, where he upgraded technology and processes throughout the organization. He holds an MBA from Lake Forest Graduate School of Management.

Presbyterian Homes Covers:

- Continuing Care Retirement Community (CCRC)



Carla Brown, Member-at-Large
Market VP of Operations, Ascension Living
Illinois/Indiana/Michigan/Wisconsin

Carla is a senior living executive with a tremendous amount of experience in skilled nursing, retirement living, financial and operational performance, census growth, resident and associate satisfaction, and change management. She is a passionate leader who inspires teams across the country to operational and clinical excellence.

Carla joined Ascension Living in 2015 as the Executive Director of Ascension Living St. Joseph's Place in Emmitsburg, Maryland. She currently serves as Vice President of Operations for Ascension Living, overseeing 19 senior living communities in Illinois, Indiana, Michigan and Wisconsin.

Carla received her bachelor's degree in Political Science from the University of Texas in Tyler, Texas. She believes in giving back to the community and has served on the Board of Directors as Treasure for Habitat for Humanity and Hospice of Washington County.

Ascension Living offers:

- Assisted Living
- Home and Community-Based Services (HCBS)
- Independent Living
- Memory Support
- Skilled Nursing
- Post-Acute Rehabilitation



Karen Larson, Member-at-Large
Vice President of Community Operations, Christian Horizons

Karen is a seasoned senior management professional with 25+ years of progressive leadership in Life Plan Communities with multi-facility not-for-profit organizations, including four years demonstrated success in regional operations.

Highly organized with the ability to handle multiple responsibilities simultaneously and adaptable to changing environments through strategic planning, focused decision-making, and effective communication. Strong, collaborative team builder effective in creating environments where people thrive.

Specialties: Master's degree in Public Health, Licensed Nursing Home Administrator in Illinois, Indiana and Iowa.

Christian Horizons offers:

- Life Plan Communities
- Home Health and Hospice Care



Nadia Geigler, Member-at-Large
Chief Executive Officer, The Admiral at the Lake

Nadia Geigler has worked in not-for-profit aging services since 1999. In 2016, she joined The Admiral at the Lake as COO and transitioned into the role of CEO in 2017. Nadia serves on the Uptown United Board of Directors, is a member of the LeadingAge Illinois CCRC Cabinet and serves as a design team member and the facilitator for the LeadingAge Illinois Leadership Academy.

Nadia is a graduate of the Academy herself having gone through the life changing experience of the LeadingAge national Academy in 2011-2012. Nadia holds a Bachelors of Arts and Masters of Management in Nonprofit Administration along with several related licenses and certifications. Nadia lives in the Jefferson Park neighborhood of Chicago with her two daughters, two dogs and one husband.

The Admiral at the Lake offers:

- Continuing Care Retirement Community (CCRC)
- Independent Living
- Assisted Living
- Assisted Living Memory Support
- Short-term Skilled Nursing
- Long-term Skilled Nursing



Deana Wilson, Member-at-Large
Executive Director, Riverside Senior Life Communities

Deana Wilson, BHA, CDAL, CMP, is the Executive Director of Riverside Senior Life Communities. Deana provides oversight to the Kankakee and Bourbonnais Senior Life locations. She is a Certified Director of Assisted Living, holds a Memory Support Unit Director Certification and is a Certified Marketing Professional. Deana holds a Bachelor's Degree in Health Administration and is currently enrolled in Graduate School at Concordia University – Chicago earning her Master's Degree in Gerontology. Deana has been active with Leading Age Illinois since 2007 and has held cabinet positions on the Supportive Living Cabinet and most recently the Assisted Living Cabinet. She is also a Fellow of the Leading Age Leadership Academy. She has worked in the field of aging services for nearly 30 years and has a passion for helping folks in their later years live their best lives!

Riverside Senior Life Offers:

- Independent Living Estate Homes
- Independent Living Apartments
- Assisted Living
- Memory Care
- Skilled Nursing