

Drug Regimen Review

For All Nurses

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F428 Drug Regimen Review

Objectives:

- Obtain a basic understanding of the new changes to the regulation at F428
- Review the Drug Regimen Review Policy

Introduction

- The nursing home Requirements of Participation (RoP) are the regulations that set minimum standards for nursing homes.
- The RoP were rewritten in October 2016.
- The changes in regulations go into effect over the next three years, in phases.



Overview of the Regulation

§483.45(c) Drug Regimen Review

- (1) The drug regimen of each resident must be reviewed at least once a month by a licensed pharmacist.
- (2) This review must include a review of the resident's medical chart (11/28/17)



Overview of the Regulation

§483.45(c) Drug Regimen Review (continued)

(3) A psychotropic drug is any drug that affects brain activities associated with mental processes and behavior. These drugs include, but are not limited to, drugs in the following categories:

- (i) Anti-psychotic;
- (ii) Anti-depressant;
- (iii) Anti-anxiety; and
- (iv) Hypnotic.



Overview of the Regulation

§483.45(c) Drug Regimen Review (continued)

(4) The pharmacist must report any irregularities to the attending physician and the facility's medical director and director of nursing, and these reports must be acted upon.

- Irregularities include any drug that meets the criteria of an unnecessary drug



Overview of the Regulation

§483.45(c) Drug Regimen Review (continued)

- (ii) Any irregularities noted by the pharmacist during this review must be documented on a separate, written report that is sent to the attending physician and the facility's medical director and director of nursing and lists, at a minimum, the resident's name, the relevant drug, and the irregularity the pharmacist identified.

Overview of the Regulation

§483.45(c) Drug Regimen Review (continued)

(iii) The attending physician must document in the resident's medical record that the identified irregularity has been reviewed and what, if any, action has been taken to address it. If there is to be no change in the medication, the attending physician should document his or her rationale in the resident's medical record.

Overview of the Regulation

§483.45(c) Drug Regimen Review (continued)

- (5) The facility must develop and maintain policies and procedures



Policy and Procedure

POLICY

- It is the policy of the facility that a licensed pharmacist will review the resident drug regimen including resident chart at least once a month. The consultant pharmacist may need to conduct the medication regimen review more frequently depending on the resident condition and risk of adverse consequences. The licensed pharmacist will report in writing, any irregularities to the attending physician, the facility's medical director and the director of nursing to be acted upon.



Policy and Procedure

PROCEDURE

1. The Pharmacy will be informed of all new residents upon admission in order for a pharmacist to review prescriptions prior to dispensing.



Policy and Procedure

2. The Pharmacy Consultant will perform a monthly drug regimen review on each resident **unless the resident condition/risk will indicate a more frequent schedule** that is individualized and communicated between the facility clinical staff and the Pharmacy Consultant.



Policy and Procedure

3. Irregularities identified will be documented on a separate, written report and sent to the attending physician, medical director, and director of nursing, listing the resident name, relevant drug and irregularity the pharmacist has identified.



Policy and Procedure

4. The Pharmacy Consultant will be notified within 24 hours of a resident admission or significant change in resident condition or short stay resident that would indicate the need for a medication regimen review and arrangements for a drug regimen review will be made for:

- New admissions,
- Transfers from another facility
- Resident returns to the facility,
- Residents on respite care, hospice, end-of-life,
- Residents with significant Change of condition
- Anticipated short term stay of less than 30 days.

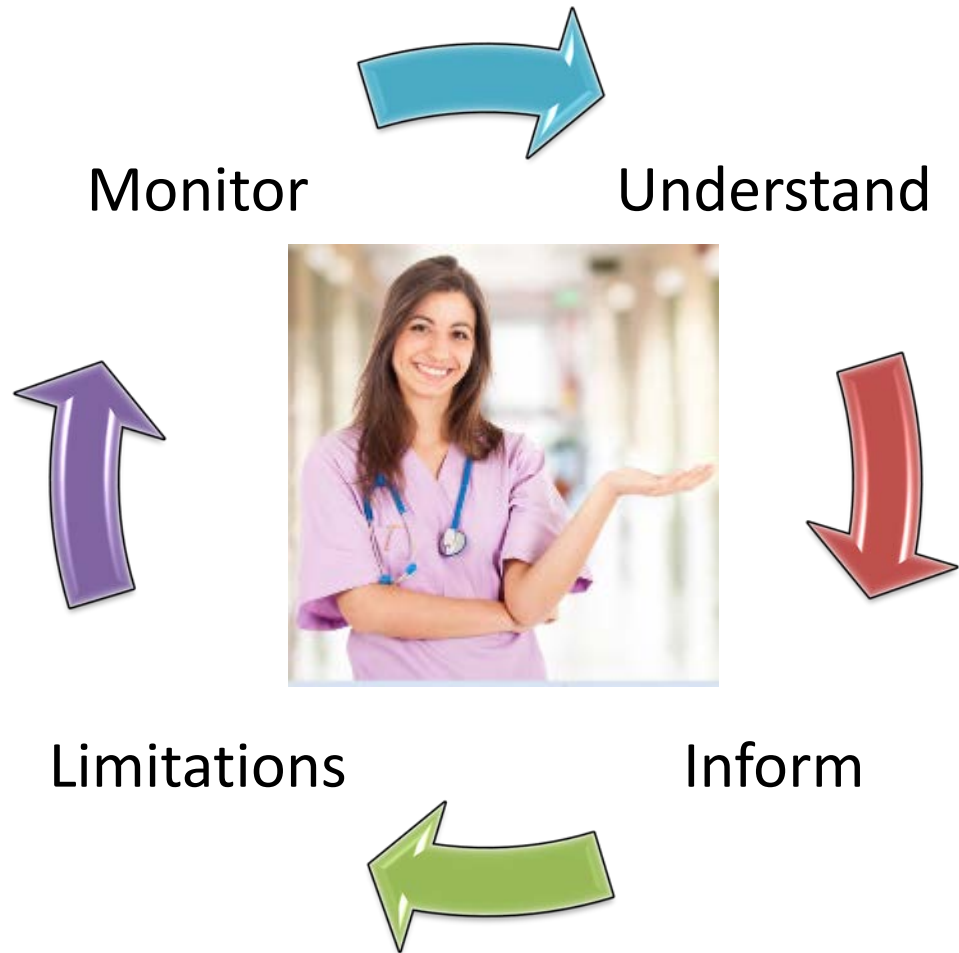


Policy and Procedure

- The attending physician will document in the resident record that the identified irregularity has been reviewed and what, if any action has been taken to address it.
- A review will be completed on any drug at the request of the QA committee.

Facility Response

- Understand
- Inform
- Limitations
- Monitor



Understand – Drug Regimen Review

- How often do we need to ensure a Drug Regimen Review is completed?



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Inform

- When do we inform the Pharmacy Consultant?



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Limitations

- Notifications:
 - Weekends
 - Holidays
- Documentation



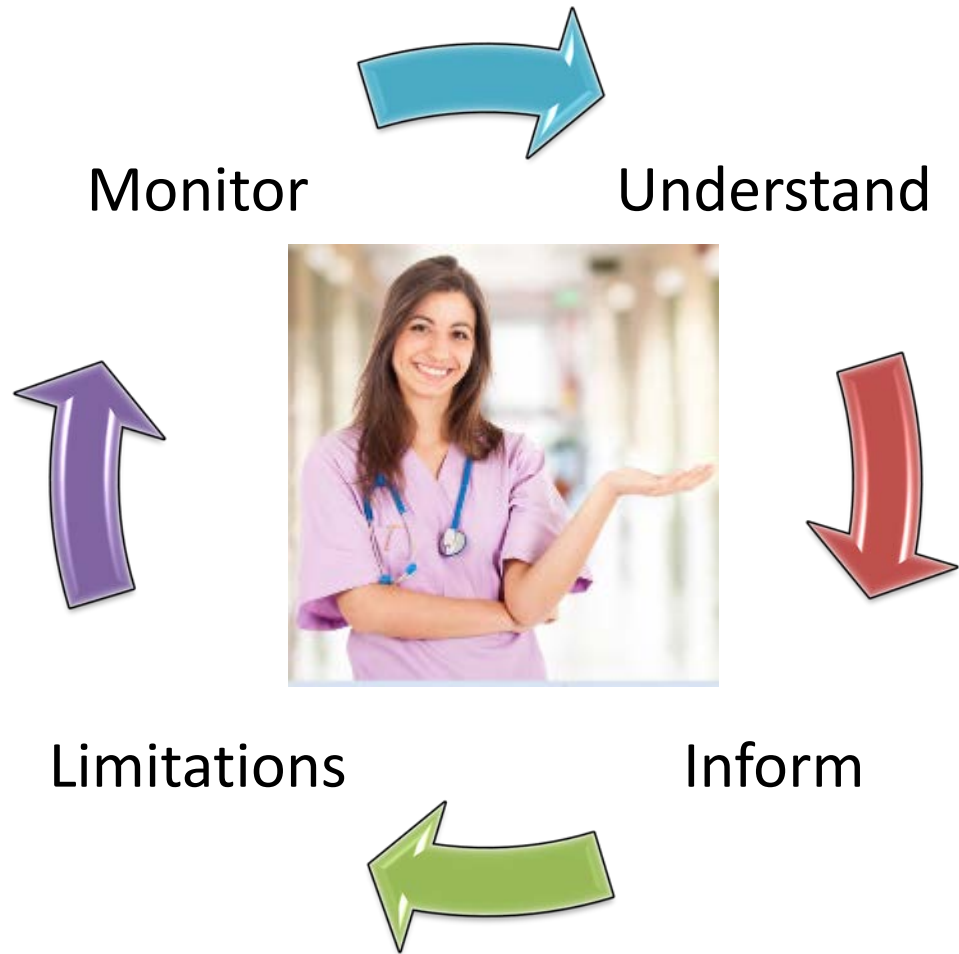
Monitor

- Continue to monitor residents for side effects, effectiveness of medication, etc.
- Monitor documentation of resident condition, behaviors, etc.



Summary

- Understand
- Inform
- Limitations
- Monitor



Questions?

Resources:

"SOM - Appendix PP." *SOM - Appendix PP*. CMS, n.d. Web.
<https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Downloads/Survey-and-Cert-Letter-17-07.pdf>

THANK YOU FOR PARTICIPATING IN THIS EDUCATION SESSION!



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