



## Psychotropic Medication Assessment

Date: \_\_\_\_\_

Type of Assessment:  Initiation of new medication  Annual or quarterly review  Condition change

Current ADL Function for most ADL's:  Independent  Assist of 1  Assist of 2 or more  Dependent

Diagnoses and Medical Conditions (List):  
\_\_\_\_\_  
\_\_\_\_\_

Target behavior(s) present:  Physically Abusive  Verbally Abusive  Resistive to Cares  Wandering  
 Eating Disturbances  Delusional  Hallucinations  Crying  Repetitive Verbalizations  Self-Injury  
 Sexually Inappropriate  Withdrawn  Sleep Cycle Issues  Property Destruction  Sad Mood  Anxious  
 Other (Describe): \_\_\_\_\_

Onset: \_\_\_\_\_ Frequency: \_\_\_\_\_ Precipitating Factors: \_\_\_\_\_

Classification	Medication(s)	Dosages/Frequency	Dates: 1. = Start date 2. = GDR Gradual dose reduction date
<input type="checkbox"/> Antidepressant Dx: _____	_____	_____	1. ___/___/___ 2. ___/___/___
<input type="checkbox"/> Anti-anxiety Dx: _____	_____	_____	1. ___/___/___ 2. ___/___/___
<input type="checkbox"/> Antipsychotic Dx: _____	_____	_____	1. ___/___/___ 2. ___/___/___
<input type="checkbox"/> Hypnotic Dx: _____	_____	_____	1. ___/___/___ 2. ___/___/___
<input type="checkbox"/> Complete Sleep Assessment	_____	_____	1. ___/___/___ 2. ___/___/___
<input type="checkbox"/> Other	_____	_____	1. ___/___/___ 2. ___/___/___

1. Were PRN psychotropic meds given in past quarter? NO  YES  If yes, average frequency \_\_\_\_\_/Month
2. If PRN ordered, reason for use: \_\_\_\_\_
3. Do resident behaviors cause the resident to present danger to themselves or others or interfere with staff's ability to provide cares? YES  NO  Describe Details: \_\_\_\_\_
4. Do current or historical psychotic symptoms (Hallucinations, paranoia, delusions etc...) cause impairment in functional capacity? Describe Details: \_\_\_\_\_
5. Review the target behavior/mood/sleep monitoring. What trends or precipitating factors are noted?  
Describe: (Time of day, precipitating factors, etc...) \_\_\_\_\_

6. Check the following items for current concerns or for potential root cause of behaviors/mood/insomnia:
  - Medication side-effects  New admission/room transfer  Pain  Infection  Acute psychotic illnesses
  - Symptoms of delirium (disorganized thinking, rapid onset, decreased LOC)  Insomnia/sleep deprived
  - Environmental stressors (heat, noise, room, light, etc.): \_\_\_\_\_  Fatigue  Depression  Anxiety
  - Substance intoxication or withdrawal  Psychological stressors (i.e., grief, financial)  Boredom  Fear
  - Hunger/thirst/dehydration  Urinary frequency  Constipation  Use of suppositories
  - Neurological diagnosis/stressors (Parkinson's, ALS, Huntington's, CVA): \_\_\_\_\_
  - Caregiver approaches  Overstimulation  Under stimulation  Autonomy/privacy
  - Changes from normal routine  Sensory deficits (hearing, speech, communication, vision)  Abnormal VS
  - Abnormal lab values (electrolyte and metabolic disturbances)  Social stressors (Other residents, activities, etc.)
  - Other: \_\_\_\_\_

Name: \_\_\_\_\_ MR# \_\_\_\_\_ Room# \_\_\_\_\_



7. Has resident been seen by psychological services in past 90 days? YES  NO  Name: \_\_\_\_\_
8. Recommendations from psychological services: \_\_\_\_\_
9. Non-pharmacological interventions used in past that were not effective: \_\_\_\_\_
10. Non-pharmacological interventions currently used: \_\_\_\_\_
11. Tardive Dyskinesia AIMS/Discus completed:  YES  NO  N/A Date last performed: \_\_\_\_\_
12. Has gradual dose reduction (GDR) been attempted? Describe: \_\_\_\_\_
13. Resident allergies: \_\_\_\_\_
14. Medications, supplements, herbal products resident is currently taking potentially incompatible with psychotropic medication:  
\_\_\_\_\_
15. Multiple practitioners ordering psychotropic medications:  YES  NO If yes, discussed with attending physician:  YES  NO Describe: \_\_\_\_\_
16. Has resident in past 90 days exhibited potential medication side-effects:  Unsteady gait  Frequent falls  
 Refusing to eat  Weight loss  Difficulty swallowing  Tardive dyskinesia (involuntary movement of muscles)  
 Dry mouth  Diarrhea  Fatigue  Blurred vision  Social isolation  Nausea/vomiting  Muscle cramps
17. Reduction contraindicated:  YES  NO (If Yes, check for MD note in chart to support risk vs. benefit)  
(Check boxes)  
 Resident is on optimal dose and is clinically stable  Lower dose causes acute psychotic behavior  
 Lower dose causes resident danger to self and/or others  
 Any GDR would impair function or cause psychiatric instability  
 Other: \_\_\_\_\_
18. Psychotherapeutic meds reviewed with Resident/family/legal & consent signed, or documented  YES  NO
19. During past 90-days resident's behavior(s)/mood/insomnia has:  Improved  Stabilized  Declined  No change
20. Resident goals and preferences: \_\_\_\_\_
21. Efficacy of meds reviewed:  PHQ-9  BIMS  Global Deterioration Scale  Depression scale  Pain scale  
 Target Behavior Monitoring  Target Mood Monitoring  Sleep Monitoring  Other \_\_\_\_\_

Care plan reviewed and revised for medication interventions, goals and monitoring:  Yes  No

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IDT Signatures: \_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_ MR# \_\_\_\_\_ Room# \_\_\_\_\_