



PERINEAL CARE RETURN DEMONSTRATION

Check if completed correctly	Procedure Steps
	Knocked on door. Screened resident. Pulled window curtain if necessary.
	Addressed resident, introduced self and explained what was being done.
	Gathered equipment
	Washed hands and put on gloves (universal precautions).
	Removed soiled incontinence product and disposed of properly (put in trash bag, tied shut).
	Did not put soiled incontinence product or linen on floor.
	Told resident before using wipes/washcloth/perineal wash, "Wipe may feel cold."
	Used clean section for each wipe/washcloth or used a new wipe/washcloth each time.
	<p>Used correct technique for peri-care on female vs. male residents.</p> <ul style="list-style-type: none"> • Female: Spread labia, wipe one side, then the other, and then the middle, wiping toward the rectal are and never wiping back and forth. Proceed to clean the rectal and buttocks area. • Male: Pull foreskin back if resident is uncircumcised. Clean the tip of the penis using a circular motion starting at the urethra and working outward. Clean shaft of the penis with firm downward strokes. Clean the scrotum.
	Used no other products unless resident has order.
	Removed gloves before touching clothing, bed rail, cubicle curtain, etc.
	Washed hands before leaving room.
	Correctly disposed of incontinence product in soiled utility room or if in isolation in red barrel in room.
	Used proper body mechanics and proper positioning for resident during entire procedure.
	Maintained resident dignity and privacy throughout entire procedure.

Met competency

Knowledge Plan – see back **Knowledge Plan completed on** _____

Competency Met after knowledge plan completed *(Sign above)*

Improvement Plan - see back **Improvement Plan completed on** _____

Competency Met after improvement plan completed *(Sign above)*

Staff Signature: _____ **Date** _____

Staff Name: _____

Evaluator Signature: _____ **Date:** _____



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Knowledge or Improvement Plan

Knowledge or Improvement Plan Steps Initiated on (<i>date</i>)	Resources	Target date for completion