

**Updated Interim Guidance for Nursing Homes and Other Long-Term Care Facilities and Programs:  
Summary Table for Phased Reopening and Tiered Mitigation Strategies**

**\*This table is not a stand-alone document. Specific guidance related to each activity is listed within the LTCF Reopening Guidance ([http://dph.illinois.gov/sites/default/files/20201021\\_Revised\\_LTC\\_Reopening\\_Guidance.pdf](http://dph.illinois.gov/sites/default/files/20201021_Revised_LTC_Reopening_Guidance.pdf))**

ACTIVITIES	CMS PHASES FOR LTCF			
	CMS Phase 1- Highest level of mitigation	Tier 1	Tier 2	Tier 3
VISITATIONS	Virtual or teleconference visits encouraged Compassionate care, end-of-life visits allowed Outdoor visits allowed	Follow statements under Phase 1 Visitations. No further restrictions.	Follow statements under Phase 1 Visitations. No further restrictions.	Suspend all visits except compassionate care, end of life visits
COMMUNAL DINING	Communal dining is not recommended May be considered on limited and modified basis. If implemented follow CMS Phase 2	Follow statements under Phase 1 Communal Dining. No further restrictions.	Follow statements under Phase 1 Communal Dining. No further restrictions.	Suspend communal dining
GROUP ACTIVITIES	Engagement through technology is preferred to minimize opportunity for exposure Encourage virtual activities or limited and modified activities In-person group activities are not recommended in CMS Phase 1 but may be considered. If done follow CMS Phase 2	Follow statements under Phase 1 Group Activities. No further restrictions.	Follow statements under Phase 1 Group Activities. No further restrictions.	Suspend group activities
MEDICAL TRIPS	Use telemedicine to extent practicable Avoid trips not medically necessary Medically necessary trips are allowed	Allowed	Allowed	Allowed

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	<b>CMS Phase 2</b>	<b>Tier 1</b>	<b>Tier 2</b>	<b>Tier 3</b>
VISITATIONS	Virtual or teleconference visits encouraged Compassionate care, end-of-life visits allowed Outdoor allowed Indoor visits allowed Follow IDPH reopening guidance for specifics	Suspend indoor visits	Same as Tier 1  Suspend indoor visits	Suspend all visits except compassionate care, end of life visits
COMMUNAL DINING	Communal dining may be considered with a maximum seating capacity of 25%	Continue as per Phase 2	Same as Tier 1  Continue as per Phase 2	Suspend communal dining
GROUP ACTIVITIES	Group activities may be considered for activities that improve the quality of life for residents, with a maximum of 10 residents at an activity.	Continue group activities except not allowed to bring outside leaders in to run the activity and not allowed to leave for off-site outings	Same as Tier 1 plus limit to 10 participants	Suspend group activities
MEDICAL TRIPS	Use telemedicine to extent practicable. Avoid trips not medically necessary. For trips away from the facility, follow Phase 1.	Allowed Follow Phase 1	Allowed Follow Phase 1	Allowed Follow Phase 1
Barber/ beauty shops	Barber and beauty shops visits are allowed following reopening guidance.	Suspend	Suspend	Suspend

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	<b>CMS Phase 3</b>	<b>Tier 1</b>	<b>Tier 2</b>	<b>Tier 3</b>
VISITATION	Virtual or teleconference visits encouraged Compassionate care, end-of-life visits allowed Outdoor allowed Indoor visits allowed Follow IDPH reopening guidance for specifics	Suspend indoor visits	Same as Tier 1  Suspend indoor visits	Suspend all visits except compassionate care, end of life visits
COMMUNAL DINING	Communal dining is allowed Communal dining may be considered with a maximum seating capacity of 25% Number of diners per sitting are limited by the size of the space, the room must allow 6 feet separation between dinners	Continue as per Phase 2	Same as Tier 1  Continue as per Phase 2	Suspend communal dining
GROUP ACTIVITIES	Small group activities are encouraged Follow reopening guidance for specifics	Continue group activities except not allowed to bring outside leaders in to run the activity and not allowed to leave for off-site outings	Same as Tier 1 plus limit to 10 participants	Suspend group activities
MEDICAL TRIPS	Use telemedicine to extent practicable. Avoid trips that are not medically necessary	Allowed Follow Phase 1	Allowed Follow Phase 1	Allowed Follow Phase 1
Barber/beauty shops	Barber and beauty shops visits are allowed following reopening guidance.	Suspend	Suspend	Suspend
Non-Medical Trips	The decision on whether the resident should make a non-medical trip should be made collaboratively by the resident, the resident's family or surrogate, facility representative, and if appropriate the resident's physician	Suspend	Suspend	Suspend

This table does not address Essential Caregivers (EC). More guidance to follow for this special group.