

# DEMENTIA LEADERSHIP SERIES

## Event Details:

March 3, 2022 | Virtual Course  
Education Sessions 10:15 am – 2:15 pm

**REGISTER ONLINE**      **Registration Deadline**  
[www.leadingageil.org](http://www.leadingageil.org)      February 28, 2022

## QUESTIONS?

Meeting Services 630.325.6170 [meetingservices@leadingageil.org](mailto:meetingservices@leadingageil.org)

## OVERVIEW

For over 20 years, LeadingAge Illinois and Rush Alzheimer's Disease Center have offered the Dementia Leadership Course, a comprehensive educational series intended to provide Dementia Leaders with information they need to develop their skills and grow in their roles.

The additional series has been developed to supplement the Dementia Leadership Network Course. Although completion of the Dementia Leadership Course is encouraged, it is not a pre-requisite for the series.

## SERIES TOPICS

**10:15 AM- 11:45 AM**

### **NUTRITION AND NEURODEGENERATIVE DISEASE**

While there is not a specific diet known to stop neurodegeneration, there are many foods that can help keep a brain healthy and working at its greatest potential and possibly even slow down the rate of how our brains age. This session will review physiological changes associated with normal aging, as well as discuss evidence-based nutrition recommendations to improve brain health.

#### **Objectives:**

- Identify physiological changes associated with normal aging as they affect nutritional status.
- Discuss current trends in nutritional science focused on the treatment of dementia, foods, herbals etc.
- Establish effective strategies available to maximize nutritional status of people with dementia.

**Faculty: Kristin AR Gustashaw, MS, RDN, LDN, CSG, Nutrition Consultant, Rush University Medical Center**

**12:45 PM- 2:15 PM**

### **RE-IMAGINING LATE-STAGE DEMENTIA CARE**

This session will equip providers with ways to re-imagine how to offer personalized, meaningful and comfort-focused care during late-stage dementia.

#### **Objectives:**

- Identify late-stage characteristics and current challenges
- Generate strategies for engagement in meaningful moments throughout the day
- Anticipate comfort-focused care decisions and needs as the person moves toward end-of-life

**Faculty: Jeannine Forrest, PhD., R.N., Dementia Educator & Care Consultant, Dementia Coach On-Call**

## REGISTRATION FEES

**\$99/registrant**

Each attendee must be logged into his/her own computer that has sound and video camera capabilities.

## CANCELLATION/ REFUND POLICY

No refunds will be made after Monday, February 28, 2022. Cancellations on or prior to February 28 will receive a refund less a \$20 administrative fee. All cancellation requests must be made in writing to [meetingservices@leadingageil.org](mailto:meetingservices@leadingageil.org).

## CONTINUING EDUCATION CREDIT

LeadingAge Illinois, as an approved sponsor of continuing education through the Illinois Department of Financial and Professional Regulation, will provide the following professionals licensed in Illinois:

- Nursing home administrators
- Nurses
- Clinical social workers/social workers
- Registered and certified public accountants
- Physical therapists/physical therapy assistants
- Occupational therapists/occupational therapy assistants
- Prof. counselor/clinical counselor
- With up to 3.0 continuing education credit hours.

When offering CE credit, LeadingAge Illinois must abide by the rules and regulations of all applicable professional accrediting boards and agencies. As such, LeadingAge Illinois cannot provide full CE credit to participants who arrive late, leave early, or do not attend sessions in their entirety.

All other professionals are encouraged to submit detailed information on the session attended (LeadingAge Illinois brochure and handout materials) to their own professional organization for consideration of continuing education credit. Credentialing bodies and licensing boards have the final authority on the acceptance of individual courses.

## WHO SHOULD ATTEND

Directors of Alzheimer's Special Care Units and Memory Care Programs, Staff Educators, Nurse Managers, Therapists, Social Workers, Life Enrichments Directors, Chaplains, CNAs, Home Care, Adult Day Care, and Memory Café staff, and Administrators from all settings: skilled nursing, assisted and supportive living, as well as home and community based services.

